

# PIERCE'S PROGRESS

AA'S NEWSLETTER FOR THE SOUTH PUGET SOUND

Donations appreciated

Serving Districts  
9, 29, 44, 45 & 54

February 2009

## FROM THE EDITOR

Greetings all! I am very excited to tell you that people have been sending me writings. This does not get you off the hook though, I still want to hear from you!

In this month's edition Danny S. wrote about tackling the 4th step and how hard it can be to look at how selfish our lives were, but with the help of God and our sponsors we can walk through it. Can you relate to Danny's story? Did you doubt you were worth it? How did your sponsor help you?

On Page 3 is a flyer that CSO put together to better inform people of the purpose of your Central Services Office. We hope you find it informative and if your district would like more information, Tim T., CSO chair, would be happy to attend your district meeting to answer questions.

Make sure you check out Page 8. There is a lot of news about meeting changes.  
Crystal S. —Editor

## INSIDE THIS ISSUE:

CSO, CSO \$, TSSC	2
What is the purpose of CSO?	3
District 45 & 9 Reports	4
District 29 & 44 Reports	5
Corrections Schedule, Asking For Help	6
Treatment Calendar	7
Upcoming Events, Meetings That Need Support, Group Updates	8
Service Info, Events, other, Things to Make us Laugh	9
\$ Month, 12 Step Sign up Card, Clip & Carry	10
CSO Phone Volunteer Lists	11
Prodding through Step 4, As Heard From You	11

**CSO MAIN NUMBER:** (253) 474-8897; **CSO TREASURER:** Sarah P.

**PIERCE COUNTY WEBSITE:** www.piercecountyaa.org **AA WEBSITE:** www.aa.org

**EDITOR EMAIL:** newsletter@piercecountyaa.org

**NEWSLETTER DEADLINE:** 5p, Fri following 2nd Thursday: 2/13; 3/13; 4/10; 5/15

**CSO CHAIR:** Tim M. **CSO CHAIR EMAIL:** csochair@piercecountyaa.org;

**NEWSLETTER BOXES @ CSO:** Front Room - Box 11 (R); Back Room by GSR boxes (middle, 3rd box).

**NEWSLETTER ADDRESS:** Pierce's Progress; C/O CSO; 3640 S. Cedar, Suite S.; Tacoma, WA 98409

**DISTRIBUTION:** 6:30p, day of 1st GSR mtg/mo @ CSO **MAILINGS** - the Saturday after CSO Distribution.

**DISCLAIMER:** Pierce's Progress is a monthly AA newsletter serving Districts 9, 29, 44, 45 & 54. The main purpose of this newsletter is to facilitate and improve communication within Tacoma's CSO service area. Newsletter content will include, but is not limited to: news from Tacoma's CSOC & TSSC, local District & Standing Committee reports, local upcoming District, Group, and Service events, personal stories, applicable Area 72 & GSO news or articles, etc. Incoming articles will be included at the discretion of the Newsletter Editor and/or the CSOC.

P.S. The British Fashion (AA's newsletter in England) encloses the following disclosure statement to their readers, which also applies to this publication: "We publish the British Fashion (Pierce's Progress) for your information and enjoyment. Any mistakes you find are here for a reason. We publish something for everyone and some people are always looking for mistakes."

*First of all, we had  
to quite playing God.  
It didn't work.  
Big Book Page 62*

## PIERCE'S PROGRESS CONTACT INFORMATION

### MAILING ADDRESS

Pierce's Progress C/O CSO  
3640 S. Cedar, Suite S.  
Tacoma, WA 98409

### BOXES @ CSO

Front Room Box 11  
Back Room by Committee Boxes

### NEWSLETTER E-MAIL

newsletter@piercecountyaa.org

## DEADLINE

**Friday following the  
2nd Thursday  
5:00 pm.**

## CSO SCHEDULE - March '09

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Central Service Office	2	3 Treatment	4 Accessibility	5 Public Information	6	7
8	9 Twelve Step Service Commt.	10	11 Cooperation Professional	12 Corrections	13 PP Deadline	14
15	16	17 D9 Mtg PP Distribution	18	19 D45 Mtg	20	21 PP Mailings

Committees meet at Tacoma's CSO @ 6:30p: **CSO:** Central Service Office Comm., 1st Sun; **TREAT:** Treatment Comm, 1st Tues; **ACCESS:** Accessibility Comm, 1st Wed; **PI:** Public Information, 1st Thu; **TSSC:** 12th Step Service Comm, 2nd Mon; **CPC:** Cooperation with the Professional Community, 2nd Wed; **CORR:** Corrections, 2nd Thu; **PP:** Pierce's Progress: Deadline, Fri after the 2nd Thu; Distribution, 1st GSR mtg/mo <6:30p; **D#:** District # GSR Mtg: D9, 3rd Tue; D44, 3rd Wed; D45, 3rd Thu.



News from Central Services Office

Tim T. opened the CSO Committee Meeting at 6:30 p.m. on February 8, 2009. The big thing happening this month is this, we are almost out of schedules. If you have any changes in your Group information get it in here by February 20th. I will get the updates done and everything to the printers as soon as possible. Even at that we will be out of schedules before we can get new ones printed.

The 12th Step Committee will have a workshop on February 28th from 11:00 a.m. to 1:00 p.m. One of the topics on the agenda is how to do an old-fashioned 12th step call. Pizza and salad will be served for lunch.

Time was invited to go to the District 54 GSR meeting and answer questions on what the CSO is and does. It seemed to clear up a lot of misinformation that was floating around. If your Group wants someone from the CSO Committee to attend your business meeting to answer questions about the CSO, please ask.

Crystal put together a very information flyer about what the CSO is and does. Look in your Group's handouts for it.

Sally K.

The Central Services Office gratefully acknowledges the following Groups, Meetings, Districts, and Committees for their financial support in the previous month:

**Groups and Meetings:**

Anderson Island, As Bill Sees it, By the Book, Common Ground, Cornerstone, Fox Island, Men at Work, Morning Meeting, Narrows, North Star, Northend Newcomers, Plateau BB, Safe Haven, Sat. Speakers, Serenity Hall, Spanaway, An Lakewood Spiritual Breakfast, Farwest


**Districts & Committees:**

District 9, District 29 & CPC

**January 2009 CSO \$\$\$  
Report**

Beg Balance:	\$31,001.53
Contributions (Income):	\$7,958
Expenses:	\$14,722
<b>Ending Operating Balance:</b>	<b>\$24,236.94</b>
<b>Prudent Reserve :</b>	<b>\$32,064.17</b>

\*\*\*\*\*

 **WE WANT YOU!**  
Answering phones at C.S.O.

**Page 10 has open spots  
for daytime!**

\*\*\*\*\*

**Come visit your C.S.O. Committee Meeting  
6:30 pm the first Sunday of the month at the C.S.O.**

**12 Step Committee Report**

Hello, sorry we missed you in January, but February is looking great. Linda L, our daytime coordinator, has all but two positions filled and they are Saturday 4:00 p.m. to 6:00 p.m. and Sunday 2:00 p.m. to 4:00 p.m. Alas, our evening coordinator and night time coordinator were unable to make the meeting. So maybe next month. We elected a new 12 Step list coordinator, Jim A. He seems to have everything under control. The 12 Step Committee will be having a workshop on the 28th of February from 11:00 a.m. to 1:00 p.m. at the CSO on how to 12 step. Kevin S. will be conducting the workshop with a special visit from Ed, the chairman of the Accessibility Committee, to let us know what the committee does and doesn't do. If you want to know more about the TSSC, come and join us at the workshop or at our next meeting Monday, March 9, 2009 at 6:30 p.m. at the CSO. Have a great month!

**Next Deadline to get  
Information into  
Pierce's Progress**

Always the Friday  
Following the 2nd Thurs.  
5:00pm Firm Deadline!

**March 13, 2009**



## Central Services Office

**WHAT IS THE PURPOSE?** The Pierce County Central Services Office serves the Pierce County area's AA members and groups by: maintaining a 24-hour phone service, publishing a meeting schedule of all AA meetings, stocking a complete line of AA Conference-approved literature, publishing a monthly newsletter, and acting as a contact between the local AA groups and the general public.

### WHO USES THE OFFICE?

Central Service Office Committee meets the first Sunday of the month at 6:30 p.m.

Treatment Committee meets the first Tuesday of the month at 6:30 p.m.

Accessibility Committee meetings the first Wednesday of the month at 6:30 p.m.

Public Information meets the first Thursday of the month at 6:30 p.m.

12th Step Service Committee meets the second Monday of the month at 6:30 p.m.

Cooperation with the Professional Community meets the second Wednesday of the month at 6:30 p.m.

Corrections Committee meets the second Thursday of the month at 6:30 p.m.

District 9 meets the third Tuesday of the month at 6:30 p.m.

District 44 meets the third Wednesday of the month at 6:30 p.m.

District 45 meets the third Thursday of the month at 6:30 p.m.. All meets are open to the fellowship of AA.

**WHO MAKES UP THE CSO COMMITTEE?** The Central Service Office Committee is made up of two representatives from each district, an office administrator, CSO chairperson, Alternate chairperson, treasure, newsletter editor, and webmaster. Voting members consist only of the district representatives and office administrator. For detailed information about job descriptions of each job function, stop by CSO and take a look at our Policies and Procedures that have just been updated.

**WHO PAYS FOR THE OFFICE AND SERVICES?** Groups, standing committees, individual AA members, and literature sales are the financial support for maintain CSO services.

**WHAT CAN I DO?** Answering phone calls to help people get the information they need about Alcoholics Anonymous is a vital function of CSO. The more volunteers there are, the better the chance there is to reach out the hand. Get involved in a standing committee or district work. Visitors are welcome at any meeting held at CSO.

**HOW DO I CONTACT CSO?** Central Service Office is located at 3640 South Cedar, Suite "S" Tacoma, WA 98409. The phone number is (253) 474-8897. The Web address is [www.piercecountyaa.org](http://www.piercecountyaa.org). For monthly information on CSO, committees, and upcoming events make sure you check out the Pierce's Progress every month. Always Ask your GSR to see a copy, pick one up at CSO for a donation, or subscribe to Pierce's Progress by going to the website and clicking on newsletter for a subscription form.

### NEED MEETING SCHEDULE INFORMATION???

You have options

- ◆ Call CSO (253) 474-8897
- ◆ Look on line at [www.piercecountyaa.org](http://www.piercecountyaa.org) and click on meeting schedule
- ◆ Ask at an AA meeting if you can buy a when & where for only 25 cents



## District 45

### Group reports for District 45:

Fern Hill—needs support and is waiting for open spot to fill phone commitment.

Friday Nite Group—"Road Trip" meeting is the 3rd Sunday of the month. They try to hit a different meeting each time.

Daily Reflections—The group will be moving in to a new place in February.

Ladies Nite Out—Birthday meeting is the last Saturday of the month and it a potluck. There is babysitting provided for each meeting.

Miracle of 56th Street—New 8:00 a.m. meeting everyday and new Men's BBS Monday at 5:30 p.m. 9:00 p.m. meetings are open and need support.

North Pacific Group: The second and last meeting of the month food is available starting at 7:00 p.m. Travel night is the third Saturday of each month.

Parkland Group—Tuesday and Thursday at 12:00 p.m. need support and also the 9:00 a.m. weekend meetings.

Saturday Men's Stag— Group splits into two groups the first is general discussion and the second is BB study.

Spanaway—Combining 6:00 p.m. and 8:00 p.m. meetings for unity and the new meetings begin at 7:00 p.m. until 8:30 p.m..

Tuesday Nite Men's Stag—Men's retreat on Feb 13, 14, & 15 and the cost is \$75.00 to include meals and lodging. Starting road trips on the first Wednesday of every month.

DCM Report—Roxanna and Kevin did attend quarterly as well as GSRs Dan and Mary. Darren, the PI chair, as well as others will come to present to us so that we can better carry the message to others. The Pre-Conference date was picked for March 15 in Enumclaw. Roxanna and Kevin would like to attend at least one business meeting or phone commitment for every group in District 45 area so they can be more involved with every individual group.

Alt DCM REPORT—Kevin is in charge of planning committee for District 45 picnic and Gratitude Banquet. If you would like to help plan, show up at the meeting the second Sunday of the month at 4:00 p.m. at CSO.

New positions filled—Vicky, Accessibility; Mark, CPC Liaison; Ron R., PI Liaison; Ken TSSC Representative

Other events—International Convention will be held in Antonio, Texas in 2010. It is also going to be the 75th birthday of AA. PRAASA will be held March 7th and 8th in Oakland, California.

Birthdays—Ken S. 18 years, Mary 2 years, Ken 3 years, Kevin 6 years.

## District 9

District 9 held it's first meeting of the rotation on January 20, 2009. We welcomed 11 new GSRs, 2 returning GSRs, 2 new Alt. GSRs, and presented our selections of appointed trusted servants for the group's approval. All positions appear to be filled now as we head into the new year.

Our Area Treasurer, Mike M., visited as well and informed the groups about the Area finances and talked about the 7th Tradition.

There are currently 5 registered groups who haven't sent representation. We will be visiting and talking with those groups to encourage them to participate. The pamphlet Circles of Love and Service looks like a good tool to leave with those groups, as well as the AA Group pamphlet.

We are collaborating with Districts 54, 45, 44 & 29 in hosting a Pre-Conference on March 15th at the Enumclaw Senior Center and then the Delegate's Report in May.

On April 25th District 9 will host a GSR Workshop in Tacoma from 9:00 a.m. to 2:00 p.m. Neighboring districts will be helping out and attending also.

I am inspired and awed by the opportunity to serve as this district's DCM. We called in some servants with past experience, whom I hope will keep me in check and guided on the right path. We have a wonderful team in place and hope to serve the groups to the best of our ability. Love in service, Liz F (DCM 9)



## District 29

### DCM Report

Greetings District 9 — Well our first meeting was, I believe, a great success. We had 16 GSRs and 11 trusted servants represented. Our treasurer presented the proposed 2009 budget as recommended by the ad-hoc committee and was accepted by the GSRs. We should see a significant change in our district financial shortfall within the next couple of months. Thank you to the groups who have already contributed.

District 29 hosted the first Hospital & Treatment quarterly of the rotation. I would like to thank Dick B. and his volunteers for all of their hard work. I did attend this event and it was truly a success. Our other trusted servants are getting ready to attend their first quarterlies. I am in hopes that each group sends their representation to the district building so that there is no lack of communication between the committees and groups. I will be discussing this at the GSR orientation on January 24, 2009, so your GSR should be reporting the significant importance of this in your February business meetings.

The GSR orientation held on January 24, 2009 was another great success for the district. We had 9 GSRs, 3 Alt. GSRs, 3 trusted servants and 3 past DCMs. For those of you who were unable to attend the orientation, an Area GSR School may come our way in April.

There is a Pre-Conference scheduled Sunday March 15, 2009, which our neighboring District 54 will be hosting. I have e-mailed the flyers out and will also have hard copies available at the February District meeting. The attendance of GSRs at the Pre-Conference is of great importance. We use the Pre-Conferences to distribute the information on General Service Conference agenda topics to the groups in Western Washington. The conference information is made available about February 15th so the Pre-Conferences are scheduled in the month of March in order to allow enough time for the groups to review the information and provide their input to the Delegate prior to the Conference, which takes place at the end of April. Our next Area quarterly will be held in Mt. Vernon April 3rd & 4th, 2009. I have passed out the registrations at the January district meeting. —Love in Service Teresa M., DCM

## District 44

DCM Report—James included a packet with the agenda. Included is a section about self support and also a section on the services provided by GSA/AAWS. James attended the CSO meeting. He will send any of the past agendas he has on file to archives. The will also attend the upcoming quarterly.

ALT. DCM Report—Mike reported that he turned in District report for Pierce's Progress. The banquet was good and we came out okay finance-wise.

OLD BUSINESS—Still have open positions for GSO, Grapevine, and Archive Representative. No volunteers. So please bring back to your groups.

SPEAKERS OF THE MONTH—Western Area 72 Archives Chair, Theresa, shared about the importance of maintain archives and memorabilia and how, by doing this, it carries the message and preserves the materials for future generations. Our area repository is located at 410 St. Helens. There is storage and a meeting place at the facility. She shared a poster from the 1990 Seattle International Convention and passed around a 12X12 that was signed by Bill W. She shared that they also have a 1st edition print of the Big Book at the repository. We are encouraged to send any Business Meeting Minutes to archives. [archivist@area72ss.org](mailto:archivist@area72ss.org). The archives Committee meets the 3rd Sunday of the month.

Ed, Accessibility Chair, shared that a new special need pamphlet has been published. Also, GSO pamphlet "Serving Special Needs" is available. Ed shared that the AA Guidelines Serving Alcoholics with Special Needs flyer with everyone. The Accessibility Committee meetings the first Wednesday of the month at the CSO at 6:30 p.m.



**Corrections Schedule - Updated October 2008**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PCDCC Main Women 7pm	WCCW Purdy 6:10p arrive	Puyallup Jail 6:30p	Mc Neil Forging Ahead 5p Ferry	PCDCC Men 7p	McNeil Retrievers 7a
	CFS Western State 6:15p arrive	PCDCC Main Men 7p	McNeil Retrievers 6p		WCCW Purdy 8:40 arrive
	FLRCF Second Chance 7p	PCDCC Women 7p	WCCW Purdy 6:10p arrive		
		PDCJ Jail Trustee Men 7p	Enumclaw 7p Women's 8p		
		Progress House 7:30p	Remann Hall 7p		

**Corrections Facility Contacts and Requirements - Updated October 2008**

Facility	Contact	Phone	Meeting Days	Mtg Times	Min. Sobriety Req.
CFS (Western State) Group Name: Sanely Sober	Mike A. Kathie P.		Tuesday	6:15 p.m.	1 Year
Fort Lewis RCF					
McNeil Forging Ahead	Ed K.		Thursday	5 p.m. Ferry	1 Year
McNeil Retrievers	Mike F.		Thursday Saturday	6 p.m. Ferry 7 a.m. Ferry	1 Year 1 Year
PCDCC (Pierce Cty. Jail)	Sheila Suzy G.		MENS - Wed MENS - Fri WOMENS - Mon WOMENS - Wed	7:00 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	1 Year 1 Year 1 Year 1 Year
Progress House	Jim		Wednesday	7:30 p.m.	6 Months
Puyallup Jail	Jeff S.		Wednesday	6:30 p.m.	6 Months
Remann Hall	Lin Spellman Ralph S.		Thursday	7:00 p.m.	1 Year
WCCW Purdy	Nancy S.		Tues. & Thursday Saturday	6:10 p.m. 8:40 a.m.	1 Year 1 Year

CFS (Western State) Group Name: Sanely Sober	Details: No warrants, no sex based offenses, and no previous contact with patients. Complete Oath of Confidentiality, Security Clearance for approval by CSF. Sponsees with min of 3 months sobriety can be cleared to attend if an approved sponsor accompanies them. Must be cleared by facility prior to attending. Business meeting 2nd Tues at 5:30. Birthday meeting last Tues
McNeil Forging Ahead	Details: Must complete paperwork for DOC clearance.
McNeil Retrievers	Details: Must complete paperwork for DOC clearance.
PCDCC (Pierce Cty. Jail) Men	Details: No past felonies and not currently on DOC. Complete paperwork for clearance. 5 years since last misdemeanor, 10 years since last felony.
PCDCC (Pierce Cty. Jail) Women	Details: No past felonies and not currently on DOC. Complete paperwork for clearance. 5 years since last misdemeanor, 10 years since last felony
Puyallup Jail	Details: Easy to get clearance. No warrants, NO Department of Corrections.
Remann Hall	Details: Background check, references required. No felony convictions, No history of Meth or Heroin usage, no other drugs for 2 years — Marijuana 1 year.
WCCW Purdy	Details: No past felonies and not currently on DOFC. Complete paperwork for DOC clearance. Must attend to remain badged.

**ASKING FOR HELP**

My name is Jack and I am seriously alcoholic. I am writing this to ask for help. I regularly attend a meeting at Washington State Hospital on Tuesdays. The location is in the Center for Forensic Services. We meet inside with the clients. We have a regular attendance of 15-20 inside members and 3 outside members. Herein lies the problem. Some of the inside members have advanced through the level system to the point that they are allowed visitors other than family. These are the people who will eventually transition to what is known as the community program. They are on a strong path to full recovery. Some of their recovery plan is to attend AA and get a sponsor. These guys and gals truly embrace their recovery and have a basic understanding of the simple plan of recovery. We really need more outside members to fill this need. At C.F.S. it is real easy to get clearance. All you have to do is show up and Judy or Lynette will read you the rules about pocket knives and such and escort you to the meeting. From that point on all you need is your ID and you're in. As I have stated, we meet on Tuesdays at 6:15 p.m. Check in time for new outside members is 5:45 p.m. We are usually escorted in about 6:00 p.m. or so. Don't worry if you are a little late, the guards seem to like us a lot and will take you to the meeting gladly. In Loving Service, Jack Seriously Alcoholic.



# TREATMENT CALENDAR

## March 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Tacoma Detox @7 <u>Tues. Night Men's Stag</u> Prosperity Wellness @ 7 (men only)	<b>2</b> Serenity-WSH@6:30	<b>3</b> Sea-Mar @6 <u>Fern Hill</u> By the Book New Life VA@7:30	<b>4</b> Serenity-WSH@6:30 <u>Ladies Night Out</u> Tacoma Detox@7 <u>Kiss</u>	<b>5</b> Puyallup Tribal Tmt Ctr @7 <u>Parkland</u> PCED @7	<b>6</b> Serenity-WSH@6:30	<b>7</b> Sea-Mar@7 <u>Sunrise Group</u>
<b>8</b> Tacoma Detox @7 <u>Safe Haven</u> Prosperity Wellness @ 7 (men only)	<b>9</b> Serenity-WSH@6:30 <u>By the Book</u>	<b>10</b> Sea-Mar @6 <u>Fellowship</u> Phoebe House @ 6 New Life VA@7:30 <u>By the Book</u>	<b>11</b> Serenity-WSH@6:30 <u>Fox Island</u> Tacoma Detox@7 <u>Northend Newcomers</u>	<b>12</b> Puyallup Tribal Tmt Ctr @7 <u>Follow-Up Group</u> PCED @7	<b>13</b> Serenity-WSH@6:30 <u>Ruston Study Group</u>	<b>14</b> Sea-Mar@7 <u>AMAA</u>
<b>15</b> Tacoma Detox @7 <u>Parkland</u> Prosperity Wellness @ 7 (men only)	<b>16</b> Serenity-WSH@6:30 <u>PAIR</u>	<b>17</b> Sea-Mar @6 <u>Northstar</u> By the Book New Life VA@7:30	<b>18</b> Serenity-WSH@6:30 <u>Mircle of 56th</u> Tacoma Detox@7	<b>19</b> Puyallup Tribal Tmt Ctr @7 <u>Fern Hill</u> PCED @7	<b>20</b> Serenity-WSH@6:30 <u>Follow-Up Group</u>	<b>21</b> Sea-Mar@7 <u>New Arrivals</u>
<b>22</b> Tacoma Detox @7 <u>Sound Group</u> Prosperity Wellness @ 7 (men only)	<b>23</b> Serenity-WSH@6:30 <u>By the Book</u>	<b>24</b> Sea-Mar @6 <u>Fellowship</u> Phoebe House @6 New Life VA@7:30	<b>25</b> Serenity-WSH@6:30 <u>Fox Island</u> Tacoma Detox@7 <u>Sat Speakers</u>	<b>26</b> Puyallup Tribal Tmt Ctr @7 <u>AMAA</u> P.C.E.D @7	<b>27</b> Serenity-WSH@6:30	<b>28</b> Sea-Mar@7 <u>New Arrivals</u>
<b>29</b> Tacoma Detox @7 <u>New Arrivals</u> Prosperity Wellness @ 7 (men only)	<b>30</b> Serenity-WSH@6:30 <u>Ladies Night Out</u>	<b>31</b> Sea-Mar @6 <u>Firecrest</u> New Life VA@7:30	<b>April 1</b> Serenity-WSH@6:30 Tacoma Detox@7	<b>April 2</b> Puyallup Tribal Tmt Ctr @7 P.C.E.D. @7	<b>April 3</b> Serenity-WSH@6:30	<b>April 4</b> Sea-Mar@7
<b>April 5</b> Tacoma Detox @7 Prosperity Wellness @ 7 (men only)	<b>April 6</b> Serenity-WSH@6:30	<b>April 7</b> Sea-Mar @6 New Life VA@7:30	<b>April 8</b> Serenity-WSH@6:30 Tacoma Detox@7	<b>April 9</b> Puyallup Tribal Tmt Ctr @7 P.C.E.D. @7	<b>April 10</b> Serenity-WSH@6:30	<b>April 11</b> Sea-Mar@7

### HOSPITAL & TREATMENT LISTINGS

<b>Tacoma Detox:</b>	721 So. Fawcett, # 100, Tacoma	Sun & Wed @7p	10 outside members only, incl Chair
<b>Sea-Mar:</b>	1415 Center St., Tacoma	Tue @6p, Sat @7p	
<b>New Life - VA:</b>	9500 Veterans Dr. SW, Lakewood	Tue @7:30p	
<b>Serenity - WSH:</b>	TBA, contact Justine (see below)	Mon, Wed & Fri @6:30p	
<b>Puyallup TTC:</b>	2209 E 32nd St, Tacoma	Thu @7p	

For Further Information, Contact Treatment Chairperson Mike M. Contact your Treatment Rep. for details of your group commitments. Or visit the Treatment meeting, first Tuesday every month 6:30pm at CSO.



### Upcoming Events

<p><b>First Annual Winter BBQ Meeting &amp; Social Event!</b>          Saturday, March 7, 2009 at the McMillin Grange          Featuring AA guest speaker Howard K from Spokane          Tickets are \$12 and limited to just 180 so hurry and get yours now!          Dinner will include:          Giant pork BBQ sandwich, baked beans, coleslaw &amp; cornbread          Doors open at 5:00, Dinner at 6:00, AA speaker at 7:30, Music at 9:00          For tickets contact David P</p>	<p><b>NOONER TO NINER</b>          August 14, 15 &amp; 16 2009          Friday Night Chili Cook-off with Prizes!          Saturday Night Potluck Dinner          For registration information, contact Mark R. at <a href="mailto:korn-head44@msn.com">korn-head44@msn.com</a></p>	<p><b>Spanaway 35th Anniversary</b>          February 28, 2009  <b>Open House 1:30 to 5:00</b>  <b>Dinner at 5:00</b>  <b>Potluck Desert</b>  <b>Speakers and open mic.</b></p>
---	--	---

### Meetings that Need Support

<p><b>12 &amp; 12 Ladies Only Meeting</b>  <b>Wednesdays 10:00am</b>          You are needed to share your sobriety</p>	<p><i>McKinley Hall</i>  <b>Women's Mtg Sun 3:30pm</b>  <b>NEEDS SUPPORT</b></p>	<p><b>AMAA Needs your Support!</b>          Great Group - Needs You to Attend          8am Monday through Saturday          901 N. "J" St. Immanuel Presbyterian</p>
<p><b>PLEASE SUPPORT TIOSPAYE!!</b>          7pm Tuesdays and Fridays          2232 E. 28th Church of the Indian Fellowship - Next to Emerald Queen off I-5</p>	<p><b>12 &amp; 12 Hall</b>          Needs you now more than EVER!          Noon, 5pm and 7pm Everyday          3597 S. "G" St.</p>	<p><b>Support: Sat AM Orting Big Book</b>          Sat 8-9 AM - Washington Soldier's Home          Breakfast avail. at Café 7-8am or 9-12am</p>

If you have an important date coming up, or if your group has something special to announce, please put a note in my box at the CSO - out front box is in the 2nd column, 2nd row. Or you can email: [newsletter@piercecountyaa.org](mailto:newsletter@piercecountyaa.org) or call: 253-224-9048. I want to fill this page, even expand it to two pages because the information you provide me. So please, give me your updates!

### Group Updates, Information, and Speaker Meetings

<p><b>NOTICE!</b>          Due to lack of support and 7th Tradition, Program of Action Women's Big Book Study Meeting will be holding our last meeting on Tuesday, February 24, 2009 at 6:30 p.m. Grace Lutheran Church</p>	<p><b>NEW SUNDAY NIGHT MEETING</b>          "Let's Get Real"          2/15/09 7:30 to 9:00 p.m.          640 North Fife, Tacoma          Meeting held in dining room (CLOSED MTG)</p>	<p>Grupo Fellowship en Espanol de AA          Miercoles &amp; Viernes 7pm a 8pm          1005 S. 11th St., Tacoma, WA</p>
<p><b>Tacoma Rescue Mission Alcoholics Anonymous Meeting</b>          At: Tyler Square 3202 S. Tyler St.          Wednesdays promptly Noon to 1:00pm</p>	<p><b>Spanaway Hall Schedule Change</b>          Effective February 1st Spanaway will be combining the 6:00 p.m. and 8:00 p.m. daily meetings into one meeting starting at 7:00 p.m. and lasting until 8:30 p.m. All other meetings remain unchanged!</p>	<p><b>"Back to the 40's"</b>          Introduction to "AA" How it Work's          A series of five one hour classes. Class starts first Saturday of every month—bring your Big Book!          When: Saturday mornings 9:00 a.m.          Where: First Congregational Church          918 Division Ave Tacoma</p>
<p><b>NOTICE !</b>          Common Ground Group Changes Nights! (Film at Eleven)  <b>Same Meeting Place:</b>          Faith Community Church 1014 152nd Street East, Tacoma  <b>New Meeting Time:</b>          Mondays @ 7:00 p.m.</p>	<p><b>North Pacific Group</b>          East 54th &amp; East B Street in Tacoma          Every Wednesday @ 7:30 p.m.          Coming speakers          Marin M Sisters at Seven Feb. 18th          Pat C. Safe Haven Group Feb. 25th          A main speaker and a call up meeting</p>	<p><b>Fresh Start AA Meetings</b>          At: Lakeside Milam in Puyallup          405 West Stewart          Friday Morning 10:30am-12:00pm          Friday Evening 6:30pm - 8:00pm</p>



Service Information, Events, and Other

**District 45 Gratitude  
Banquet Committee  
Meetings**

Second Sunday of every month  
at 4:00 p.m. at CSO.

If you want to get involved in  
helping to plan our yearly Grati-  
tude Banquet, please come and  
have some fun in service!

Burien Little Assembly  
2009 Planning Committee

Meets Noon, 2nd Sunday of  
each month

March 1, 2009

Come and get involved!  
Assembly to be held 3/14/09

**The Fabulous ROAD SHOW!**

Invite them to your home group.

*The Road Show is a way to tell you about  
the service positions available within AA.*

*Call now, don't wait!*

*Be Informed. Be a part of AA.*

**JUST A REMINDER**

Info received before the Fri  
following the second Thurs will be put in  
the upcoming issue, and will remain until  
the event.

**Contact Information:**

**Address:** Pierce's Progress C/O CSO, 3640  
S. Cedar, Suite S.  
Tacoma, WA 98409  
**email:** newsletter@piercecountyaa.org

**District 9 Archives  
Available for Display**

**Once upon a time,  
Tacoma was one big district**  
There is a rich history of all of Tacoma  
in the District 9 Archives

Contact Archivist Laurie B.

**Things to Make us Laugh**

A feminist walks into a bar that has a sign marked: "For Men Only."  
"I'm sorry, ma'am," says the bartender. "We only serve men in this place."  
"That's okay," she says, "I'll take two of them."

A guy runs into a bar and says to the bartender, "Give me twenty shots of your best scotch, quick!" The bartender pours out the  
shots and the guy drinks them as fast as he can.  
The bartender says, "Wow, I never saw anybody drink that fast."  
The guy replies, "Well, you'd drink that fast too if you had what I have."  
The bartender says, "Oh, my God! What is it? What do you have?"  
The guy says, "Fifty cents."

**MAILING ADDRESSES FOR  
GROUP CONTRIBUTIONS - UPDATED!**

**To Area 72:** WWA 72 Treasurer, 702 Kentucky  
St. #535, Bellingham, WA 98225

**To New York:** GSO PO Box 459; Grand Central  
Station; New  
York, NY 10163

**ATTENTION—Updated!**

**Do Not Send Group or  
District Changes to GSO!**

Mail to: Western WA Area 72 Registrar  
7701 Hardeson Rd. #19, Everett WA 98203  
registrar@area72aa.org



### CSO's 'Dollar of the Month Club'

Would you like to help CSO keep its doors open? If so, donate financially by contributing a one-time, monthly, or annual donation, personal pledge in your AA b-day month for each year of your sobriety, or by honoring someone's memory. Donations are welcome at anytime and can be anonymous. Just fill out the form below and drop it off at: CSO, 3640 S. Cedar St., Suite S. Tacoma, WA, 98409. NOTE: CSO depends solely upon donations from individuals, groups and committees to keep its doors open. Thanks!

Today's Date: \_\_\_ / \_\_\_ / \_\_\_ AMOUNT:\$ \_\_\_\_\_

One Time: \_\_\_ Monthly: \_\_\_ Annual: \_\_\_ Birthday: \_\_\_

Name: \_\_\_\_\_

Memorial: \_\_\_ Anonymous Donation: \_\_\_

Address: \_\_\_\_\_

### 12th Step Service Committee's Sign-Up Card

Besides the Big Book, The 12th Step Service Committee (TSSC) is AA's best kept secret!! The 12 Step Service Committee is continually accepting volunteers for the 12th-step list, home answering service and for CSO phone volunteers, group or individual - as well as Alternates. To volunteer, complete this form and deliver to CSO: 3640 S Cedar, Ste S, Tacoma, WA 98409.

Date: \_\_\_\_\_ Gender: F M (Sobriety Date: / / )

Name: \_\_\_\_\_

12th Step Calls:

*Anytime - Day - Evening - Late night*

Address: \_\_\_\_\_

Home Answering Service (10p-8a): *M T W Th F S Su*

### Clip and Carry Events List!

Feb 21	WWA72 Grapevine & Literature Committee Quarterly	PUD Building, 1200 Fort Vancouver Way Vancouver, WA dcm7@area72ss.org	9:00 a.m. Hospitality 9:30 a.m. Business
Feb 28	Spanaway 35th Anniversary	Open House 1:30 to 5:00 Dinner at 5:00 Potluck desert. Speakers and open mic	1:30 to 5:00 p.m. 5:00 p.m. dinner
Feb 28	12 Step Committee Workshop	Pierce County Central Services Office 3640 South Cedar St., Suite S. Tacoma	11:00 a.m. to 1:00 p.m. Accessibility speaker during lunch
March	Saturday Speakers Group	March 7 Ian C. & Laurie S; March 14 Jon C & Rich F. ; March 21 Tami W.; March 28 Tina S.	7:30 p.m.
March 7	Winter BBQ Meeting & Social Event	McMillin Grange Tickets \$12 and limited to 180.	Doors open 5:00 p.m., Dinner 6:00, AA speaker 7:30, Music 9:00 to 11:00 p.m.
March 14	36th Annual Burien Little Assembly	John F. Kennedy High School, 140 S. 140th St. Burien.	10:00 a.m. registration
March 28	Spaghetti & Meatballs! Dinner & Speaker	MCC Church South 45th & Park Tacoma \$10 tickets	Doors open 6:00 p.m., Dinner @ 7:00, Speaker @ 8:00 p.m.
May 23	Spaghetti Feed	Christ Church 310 N. K Street. Bring the whole family	Tickets \$7.00 or whole family \$10.00

**Want your event added to this list? Simply put a flyer or note in the editor's box at CSO**



February-March CSO Daytime Phone-Volunteers

	MON	TUE	WED	THU	FRI	SAT	SUN
8 am 10 am	FULL	FULL	FULL	FULL	FULL	FULL	FULL
10 am Noon	FULL	FULL	FULL	FULL	FULL	FULL	FULL
Noon 2 pm	FULL	FULL	FULL	FULL	FULL	FULL	FULL
2 pm 4 pm	FULL	FULL	FULL	FULL	FULL	FULL	OPEN
4 pm 6 pm	FULL	FULL	FULL	FULL	FULL	OPEN	FULL

Night-Time Phone-Volunteers, 6p-10p - February, 2009

The following schedule outlines the evening phone volunteers at CSO. Everyone from your home group is welcome - come watch TV, order food, bring food, play games, fellowship, and answer the phones and sell literature of course!

SUN	MON	TUE	WED	THU	FRI	SAT
<b>March 1</b> <i>Jolly</i>	<b>2</b> <i>Narrows</i>	<b>3</b> <i>Fellowship</i>	<b>4</b> <i>Bill M</i>	<b>5</b> <i>The Morning Mtg</i>	<b>6</b> <i>AMAA</i>	<b>7</b> <i>Tues Nt Mens Stag</i>
<b>8</b> <i>Spanaway</i>	<b>9</b> <i>Fircrest Study</i>	<b>10</b> <i>Miracle of 56th</i>	<b>11</b> <i>E. End Newcomers</i>	<b>12</b> <i>Back to Basics</i>	<b>13</b> <i>Women's BB Study</i>	<b>14</b> <i>New Arrivals</i>
<b>15</b> <i>David S.</i>	<b>16</b> <i>Tiopsaye</i>	<b>17</b> <i>District 9 Groups</i>	<b>18</b> <i>Bill M.</i>	<b>19</b> <i>Firgrove</i>	<b>20</b> <i>Saturday Speakers</i>	<b>21</b> <i>Puyallup AIR</i>
<b>22</b> <i>Sound Group</i>	<b>23</b> <i>Follow-up</i>	<b>24</b> <i>Conerstone Crew</i>	<b>25</b> <i>Sunrise</i>	<b>26 Sat. Morning Men's</b>	<b>27</b> <i>Ladies Night Out</i>	<b>28</b> <i>Rustin Study Group</i>
<b>29</b> <i>As Bill Sees it</i>	<b>30</b> <i>Fircrest Study</i>	<b>31 Friday Night Group</b>	<b>April 1</b> <i>Bill M</i>	<b>April 2 Sat. Morning Mens</b>	<b>April 3</b> <i>Ladies Night Out</i>	<b>4 Rustin Study Group</b>

**DO YOU MAN THE OFFICE AT CSO?**

Well if you do, or if you know a person or group that does, can you pass this on...

Please remember to TRANSFER the phones to the Answering Service at the end of your shift. Also, there is a new Purchaser Logbook, to be filled out by the person who is Buying Literature or making a contribution to CSO. There is a sign on the front desk with instructions. Thank you, and please pass this on!

If you have questions, call Sally @ CSO M-F 10-2: 253-474-8897



## Being Prodded through Step 4—Danny S.

I am a newcomer with 72 days sober and I have a sponsor with whom I have worked steps 1, 2 and 3. This same sponsor is currently prodding me through step 4. "Nothing counted but thoroughness and honest," is the catch-phrase on Page 65 of my Big Book and that has me off-balance and auto-activated my defense mechanisms.

I am a father of five and an ex-husband to one. I have served on active duty in the American Navy; also, I have a college degree and had a very successful business. I was very well though of socially, and commanded the respect of my peers. Well, for a while. That is until I was so successful that I lost everything to my alcoholism.

I hit my bottom, and I hit so hard that the change burst from my pockets as well as my pockets from my pants and my pants from my person and my person from all that is real; then I drug along bottom until even creditors lost interest in taking a pound of flesh from my lifeless carcass.

I had to experience this to find the truth of it all, I was self-absorbed. Nothing mattered to me except me. Only things that brought me better things were made a part of my reality; to include the love of my wife and even that of my children, which I failed to embrace. All became liabilities and not as important as my pursuit of ego.

I was a self-deceiver and a liar, "everything was alright! There was nothing I could not fix or over-come! I was master of all the I survey!" or so I thought.

Prodding me over the coals of Step 4 my sponsor has made me look at myself, thoroughly, much to my dismay. I don't like what I see there looking back at me. "Am I willing to go to any length to be sober?" I sobbed; A wreck of a man. "Am I worth the effort?" I pondered; wallowing in self-pity and desperation.

Then a light shined in on me—it was my sponsor and my Higher Power (how did they know each other?) "You are worth it and here is why," I had heard in that imminent, thundering voice of a creator speaking through the man I had asked to be my sponsor. "You are alive and have the love of your God" he said. "Your children are waiting as am I" he boomed. "Now quit stewing in your pathetic muck and get your butt to work!" The last comment, I figure, was just my sponsor being himself.

I accepted that I was not alone in this and that I was a pathetic wreck, and I needed to do the work. So I prayed the third step prayer "...May I do thy will always. Amen." And a sudden warmth swept through my soul and cast out my pain.

Of course I still had to finish my fourth step and all the pain and self-doubt came back in a flurry of panic and anxiety, but this time I was stronger for having fallen apart and seeking the help of a Power greater than myself: God and my sponsor; how I love them!

Thank to AA my days are promising and tomorrow is ever brighter and inviting. Thanks to AA I am working towards spiritual progress, not perfection. Thanks to God, my sponsor, and AA—today I am sober.

## As Heard Hard From You

### Question: What is your favorite story in the Big Book and why?

Frankie from Spanaway says: "Keys to the Kingdome because it gave me the most hope when I first came in."

Jo from Safe Haven says: "Fear of Fear because I am learning to deal with fear in sobriety."

Dan from Safe Haven says: "Desperate Drinking because it describes my life."

Jenny from Parkland says: "Freedom from Bondage because it asked me questions and gave me answers to questions I didn't even know I had."