

DISTRICT 29 THE ACTION DISTRICT ACTION LOG

Publication 04-2010

Submission Deadline is the 5th of each month. Send all submissions to stampmymud@yahoo.com

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DISTRICT 29 TRUSTED SERVANTS

DCM

Greetings D29! Hope this article finds all well. It has been a slow month for me in service, so my article will be short and sweet. Our Pre-Conference went well. D29 was represented by at least half the GSR's or their Alternates. I am hoping that the other half got to another Pre-Conference. Our Delegate will be attending our June 8th district meeting to share his experience from this year's Conference at the GSO. I will be heading to Port Angles this weekend for the Spring quarterly. I am sure I will have much more to report afterwards. Also, please mark your calendars for, July 13, 2010. We will be having our annual district inventory, facilitated by past delegate, Eddie H. this information should be marked in Action Log calendar of events. Please remind everyone is welcome.

Thought for the Month:

Choices

It's not as difficult as it may first appear to confront fear and anger with love and understanding.

The decision to do so is the first step.

Making this decision every morning is the second step.

Observing the success of this choice every night is the third.

Nothing will ever be the same again when we make this a daily practice.

Teresa M
DCM D29
tresdcm29@yahoo.com

ALTERNATE DCM

Hello to everyone in Dist. 29 land.

It's already April...WOW...time is moving way too fast; and, before you know it, our annual picnic will be upon us! We've had one picnic committee meeting (thank you Kathie and Chad for covering me while I was out of town); and I'm inviting everyone who wants to be a part of the committee to come to the Girl Scout's building Thursday nights at 6:00 p.m., or call me at 253-228-7449; the flyers will be out soon. Oh, and if you have anything to donate to the raffle, give me a call and arrangements can be made. Hope to see you all at the upcoming WWArea 72 quarterly. That's all I have except for the one opinion for this article, and that is that I believe **OUR DISTRICT ROCKS LIKE NO OTHER!** Thank you all for allowing me to be of service in your district; it's great to be a part of. So, off with this article to my lovely wife, Dixie; and, **MAY GOD BLESS YOU ALL!!!**
With Love in Service,
Mike Archer, Alt DCM

TREASURER

Hello District 29, first thank you for allowing me to be of service, our District has a balance of \$3635.82 less our reserves leaves us with \$135.82. Our reserves include Prudent Reserve \$1500.00, Committee Reserves \$1300.00, Soldiers Home Donation \$700.00. We do not have a budget reserve for CPC as of yet, our post office box went up in cost from \$58.00 to \$60.00 this will be paid this month (April). You will notice our rent for Orca was not paid in March our check was returned they have a different address now so you will see in April \$200.00 paid instead of the normal \$100.00. It is wonderful to see District 29 being Traditionally sound financially, it really would be even better if

\$500.00 seed money were given to the Picnic/Banquet and then only \$500.00 returned this would be Traditionally ideal wouldn't it? Well anyways thank you again!

Donna K.
District 29-Treasurer

SECRETARY

Hello everyone. We are having a great year so far. If you might recall, we established an ad-hoc committee to look into whether the Gratitude Banquet and Picnic funds should be separate from district funds or not. The ad-hoc committee came back with some great information. They provided notes on the research they did which included quotes from AA Comes of Age, Language of the Heart and The twelve Steps and Twelve Traditions. They also provided a copy of the A.A. Guidelines on Conferences, Conventions and Roundups. They made it clear that we are not currently

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Please send all submissions to:
stampmymud@yahoo.com

DISTRICT 29 TRUSTED SERVANTS

following the law regarding raffles and that if we are to continue with the raffle, we need to abide by Washington state law. Their final recommendation was that Back to Basics withdraws their current motion. The GSR from Back to Basics did not want to withdraw their motion without talking to her group.

The tabled motion from Back to Basics that started the discussion regarding the Gratitude Banquet and Picnic Funds was tabled again by the GSR's so they could take the ad-hoc Committee's findings back to their groups. I can't wait to see what is going to happen this month. I will let you know.

District 29 decided to postpone their annual inventory in June so that our delegate could come to our district on June 8 to give his report. I have attended a delegates' report and they are fantastic. I recommend that everyone come and hear what he has to say about going to New York and the Conference. Again, we will have our own personal delegates' report at 6:30 P.M. June 8, 2010 at the District Service Center. Everyone is welcome!!! While I am on the subject that everyone is welcome, I will reiterate that everyone is welcome to all the GSR meetings especially the district inventory. Come see how the business of AA is done. Get involved in the Third Legacy of our triangle. You don't want to base your sobriety on a one or two legged stool.

Birthdays for March are the following:

Karen	24 years
Donna	11 years
Graham	1 year
Steve	4 years

Happy Birthday everyone and thank you sticking around to help keep the doors open. I would not be here if there was not a meeting available when I needed it.

I will finish up with a couple of announcements. Don't forget our District 29 Picnic will be on June 19 at the Soldiers Home. It is a blast and I hope to see you all there. Also, The Gold Gate Group has moved from Cattins to Applinis.

Our quote for this month is the following:

"Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power."

Alcoholics Anonymous Third Edition, Page 43

REGISTRAR

LAST CALL !!! Again... I have made the adjustments provided by a few of you. I still believe that there are more to be made, but I am relying on you GSRs to update your Group's information. I also received information for a new group. Thanks to those that have updated your information.

I sent our Area 72 Registrar the updated list before the end of March. So, new GSRs and Trusted Servants, you should begin to receive Area 72 and GSA information.

It was evident at the last District meeting that there are more changes to be made to the roster. So, look over the lists provided at the District meeting. If the information for your Group or position is incorrect, then please fill out the "Change Form" and give it to me or leave it in the folder marked Registrar. The Area 72 Registrar, in turn, sends the information to GSO each spring. Find something to laugh about each day. April is national humor month! Thanks to each of you for my sobriety. I could not do it without you!

Please remember that this process is to provide proper contact information so that District, Area, and GSO information may be sent out. It is NOT for the *Where & When* list of meetings and locations.

Well...that's all for now.

God bless you in your recovery!

Kevin R your Registrar

NEWSLETTER EDITOR

Happy April!

I want to start by saying thanks to all who are submitting articles using the guidelines. This makes the job much easier. If there are those who still have trouble with it simply contact me and I will be glad to help you.

On a more controversial note; event flyers have been included in several publications including Area 72 Newsletter. I have been asked if I would include two flyers this month, and since I have the extra room I've decided to accommodate those requests. I'm unsure about how this will actually coincide with District-29 policy, but it would definitely be a great way to inform our readers about events that affect them as members. I'm sure someone will have an opinion which they'll share at the district meeting. Yahoo!

I love my job, thank God for AA!

Larry H.

Action Log Editor
stampmymud@yahoo.com

ACCESSIBILITY

ARCHIVES

Spring is here, motorcycle riding time. Hope every one is doing well picnic time and camp outs comming soon, great for fun recovery, i went to the district meeting, and i talked about keeping the archive area clear of trash, and rat poo, or if it cant be done moving the archives to a place to keep it clean, and acceptable looking. the archive next quartley is may 1 in Bremerton, the alt archivist has been ill, with her back good wishes for her to feel better, back problems can be serious. Happy Easter to everyone, hope the Easter bunny comes to see you.

Thanks

Pam Dunningan

District 29 Archivist

CORRECTIONS

COOPERATION WITH THE PROFESSIONAL COMMUNITY

PUBLIC INFORMATION

HOSPITAL & TREATMENT

The **Treatment Facilities Quarterly** will be held on April 17th

Normandy Park Congregational Church
19247 1st Ave South
Normandy Park, WA 98148-2101

9:00 Coffee and Fellowship

10:00 Quarterly Meeting

12:00 Lunch (main dish provided; potluck additions welcome)*

1:00-3 Quarterly Meeting

There are several Treatment Facilities meetings that need to have Chair people: Tuesday's VA meeting, Wednesday's WSH meeting and the Saturday Sea-Mar meeting needs an alternate. Ask your sponsor to get back into service work.

Women, please drop by the Prosperity Wellness Treatment Facility on Sundays at 7:00 PM. It is located one block west of Canyon Road on the north side of 112th in the Summit Area.

The Bridging the Gap coordinator for Pierce County needs an alternate and replacement for the next rotation. If interested please contact the CSO.

If your home group doesn't have a Treatment Rep how about you serving?

DISTRICT 29 TRUSTED SERVANTS

The **District 29 TF meeting commitments are listed below.**

If there are changes you wish to make to your group's schedule please contact me. If your group would prefer more options in the selection of meetings please attend the Pierce County Corrections Committee meeting on the first Tuesday of the month, April 6th, at 6:30PM held at the CSO in Tacoma. I will also be available at the District Service Center on April 7th at 6:30 PM.

Back to Basics visits Prosperity Wellness in Sumner on April 16th and Tacoma Detox on May 30th.

Fresh Start will support Tacoma Detox April 28th, SeaMar on May 4th and WSH May 18th.

Graham goes to WSH April 5th, WSH May 4th, **Hang in There** will join SeaMar April 10th, WSH April 16th and again on May 5th, and May 21st.

Living Free takes a meeting to Prosperity House April 9th and SeaMar April 24th, WSH on May 19th.

The LOFT Group is scheduled for the VA April 6th, and at Prosperity Wellness in Sumner on May 28th.

Firgrove will be taking a meeting the VA on April 13th and May 11th.

Meeker Fellowship takes meetings to WSH April 7th, Prosperity Wellness April 30th and May 14th.

Ohop will be at WSH April 2nd, VA April 20th and May 18th.

P.A.I.R. is signed up for Tacoma Detox April 4th and May 7th

Puvallup Group will support the VA April 27th and the VA on May 26th.

Seeking Our Solution meets at SeaMar April 24th and WSH on May 21st.

Straight Shooters visits WSH April 20th and Prosperity Wellness on May 21st.

Pierce County Treatment Facility meeting schedule:

- Sunday:** Tacoma Detox @ 7:00 PM
Prosperity Wellness, Sumner @ 7:00 PM (Men only)
Prosperity Wellness, Summit @ 7:00 PM (Women only)
- Monday:** Serenity/WSH @ 6:30 PM
- Tuesday:** Sea-Mar @ 6:00 PM
New Life-VA @ 7:30 PM
WSH Lockdown @ 6:50 PM
- Wednesday:** Serenity/WSH @ 6:30 PM
Tacoma Detox @ 7:00 PM
- Thursday:** No meetings scheduled
- Friday:** Serenity/WSH @ 6:30 PM
Prosperity Well, Sumner @ 7:00 PM

Saturday: Sea-Mar @ 7:00 PM

The remaining Treatment Quarterlies for 2010 are as follows: **April 17th**, District 31, Burien; **July 17th**, District 7 in Vancouver, WA; **October 9th**, District 38, Kirkland.

Yours in service;
Dick B
treatmentdist29@gmail.com

THIRD LEGACY

Well another month has gone by, how time flies. We have been invited to bring a 3rd Legacy to the Puyallup Air group on Tuesday the 20th of April at the United Methodist Church at 5316 104th St E. Puyallup. The meeting starts at 8:pm. This will be a great chance to spread the word as to what your Trusted Servants do for the District. Thanks to the Puyallup Air group for inviting us to your meeting.

Ron L
District 29 Third Legacy Rep
Home: 253-847-XXXX
Cell: 253-202-XXXX

CSO LIASON

Mission Statement:
The Pierce County Central Services Office makes AA Literature available to AA Groups and Members, provides meeting space for local AA Districts and Standing Committees, and provides other services as required to assist local AA Groups in carrying the AA message.

March 2010	
Beginning Bank Balance	\$ 12,700.56
Total Income	\$ 8,880.55
Interest Income	\$.11
Less Total Expenses	(\$ 16,128.50)
End bank Balance	\$ 5,425.72
Net Income/ (Loss)	(\$ 7,247.95)
Prudent Reserve	\$ 24,629.68
Interest Earnings PR	\$ 17.00
Total Prudent Reserve	\$ 24,646.68
Total Funds Available	\$ 30,099.40
Prudent Reserve Goal	\$ 28,836.00
Operating Budget Goal	\$ 15,000.00
Total	\$ 43,836.00
Distribution Overage (Shortage)	(\$13,736.00)

No Distribution made. Per CSO Motion

Complete cash operating report is attached and or can be found in the Pierce's Progress.

March CSO minutes are attached.

Website: All meetings are up to date and current. All policies and guidelines are being looked at and reviewed. New proposed guide lines will be presented at the next CSOC meeting in May.

CSOC- Meetings dates have been changed as noted below.
7/4/2010--} 7/11/2010 and 8/5/2010--}
8/12/2010.

Discussion about literature prices and changes needed due to sales tax increase. The current policy is noted below.

3. Literature Pricing
 - A. Items purchased for resale (from AAWS or AA Grapevine) will be sold 10% above unit price offered by the supplier for tax purposes.

The extra 10% is to cover current sales tax and any shortages experienced though-out the year.

The conversation is this. The current tax rate for Tacoma is .093 which is just about at 10%. So the new motion being generated will propose the following change. CSO is considering this as a house keeping motion, however since it is a change to the Policy & Procedures of the CSO the groups must be informed of a pending change. Your input is encouraged. This motion could be presented at the May CSO meeting.

AA Literature purchased for resale from AAWS and the Grapevine will be priced to include current sales tax plus 2.5% for handling.

Please see example below.

- Old Policy
Cost + 10%
- New Policy
Cost + (Current sales Tax 9.3% + 2.5%)

This is an increase .018 or in simple terms about .02 cents for every dollar spent.

Your CSO Reps
Mark K & Brad

Into Action

EBBY T.

The Man Who Carried The Message To Bill W.

By Walter L.

In 1960, at the Long Beach, California Convention of Alcoholics Anonymous, Bill Wilson wrote this dedication in an AA book that he gave to Ebby Thacher.

"Dear Ebby,
No day passes that I do not remember that you brought me the message that saved me - and only God knows how many more.
In affection, Bill"

It was Ebby who found relief from his alcoholism in the simple spiritual practices of the Oxford Group which was an attempt to return to First Century Christianity - before it was complicated and distorted by religious doctrines, dogma and opinions. The program offered by Ebby to Bill involved taking a personal moral inventory, admitting to another person the wrongs we had done, making things right by amends and restitution, and a genuine effort to be of real service to others. In order to obtain the power to overcome these problems, Ebby had been encouraged to call on God, as he understood God, for help.

Bill was deeply impressed by Ebby's words, but was even more affected by Ebby's example of action. Here was someone who drank like Bill drank - and yet Ebby was sober, due to a simple religious idea and a practical program of action. The results were an inexplicably different person, fresh-skinned, glowing face, with a different look in his eyes. A miracle sat directly across the kitchen table from Bill. Ebby was not some "do-gooder" who had read something in a book. Here was a hopeless alcoholic who had been completely defeated by John Barleycorn, and yet, had in effect, been raised from the dead. It was a message of hope for an alcoholic - that God would do for us what we could not do for ourselves.

Bill continued to drink in a more restrained way for a short while, and then was admitted to Towns Hospital on December 11, 1934. Ebby visited him there on December 14th and essentially helped Bill take what would become Steps Four, Five, Six, Seven and Eight.

But that "boost" from Ebby's visit wore off and that night, Bill's feeling of hopelessness deepened and a terrifying darkness yawned in the abyss. As the last trace of self-will was crushed, Bill said to himself, with neither faith nor hope,

"I'll do anything, anything at all! If there be a God, let Him show Himself!"

The Conference approved biography, *Pass It On*, quotes Bill as describing this experience:

"What happened next was electric. Suddenly, my room blazed with an indescribably white light. I was seized with an ecstasy beyond description. Every joy I had known was pale by comparison. The light, the ecstasy - I was conscious of nothing else for a time.

Then, seen in the mind's eye, there was a mountain. I stood upon its summit, where a great wind blew. A wind, not of air, but of spirit. In great, clean strength, it blew right through me. Then came the blazing thought, "You are a free man." I know not at all how long I remained in this state, but finally the light and the ecstasy subsided. I again saw the wall of my room. As I became more quiet, a great peace stole over me, and this was accompanied by a sensation difficult to describe. I became

acutely conscious of a Presence, which seemed like a veritable sea of living spirit. I lay on the shores of a new world."

Ebby had carried the message of the Oxford Group to Bill with great care and dedication--that recovery from alcoholism was possible using spiritual principles, but only if it was combined with practical actions. Bill Wilson never took another drink, and left Towns Hospital to dedicate the rest of his life to carrying the message to other alcoholics.

Ebby, however, took a different path, one that caused him to have a series of relapses. The man whom Bill Wilson called his sponsor could not stay sober himself, and became an embarrassment. There were periods of sobriety, some long, some short, but eventually Ebby would, "fall off the wagon," as he called it.

More revealingly, Ebby referred to his periods of sobriety as, "being on the wagon." For an AA to regularly use this sort of language is an indication that the commitment to sobriety is temporary in nature. If there is an "on the wagon" then there is an "off the wagon" too. And that was the on/off cycle of Ebby's drinking.

Ebby was born on April 29, 1896, into a prominent and well-to-do family in Albany, New York, with roots going back before the American Revolution. His grandfather started a railroad wheel manufacturing business in 1852 and became the main supplier of wheels for the New York Central Railroad, as well as Mayor of Albany. Two other members of Ebby's family were also mayors of Albany, including his older brother, "Jack." One of New York State's most beautiful parks, located on the Helderberg escarpment southwest of Albany, was donated by the widow of Ebby's uncle, John Boyd Thacher and is named after him.

Ebby's full name was Edwin Throckmorton Thacher and he can be said to have arrived in the world with "a silver spoon in his mouth." It is possible that because of his upper-class origins, with servants waiting on him and the respect brought by his family name, Ebby developed the attitude that life should always be easy for him. He was 'entitled', it seems.

Lois Wilson shared her insights into Ebby in her biography, *Lois Remembers*, and stated that while Bill wanted sobriety with his whole soul, Ebby appeared to want just enough sobriety to stay out of trouble. In addition, Lois said, "Beyond that crucial visit with Bill, Ebby seemed to do very little about helping others. He never appeared really a member of AA. After his first slip, many harmful thoughts seemed to take possession of him. He appeared jealous of Bill and critical, even when sober, of both the Oxford Group and AA." Lois felt that it was important that AA's know why Ebby was not considered the founder of AA. Ebby carried the message to Bill, but he never followed it up with the years of devoted action needed to develop the AA program.

Despite his failure to follow through after his vital visit with Bill, Ebby still seemed to feel he was not recognized adequately for his contribution to the start of AA. His employer for many years in Texas said that Ebby, "kind of thought the world owed him a living, to a certain extent. He thought he never got the recognition that he should. That was stuck in his craw for years."

Another AA who had known Ebby in Texas said that, "Ebby held a deep resentment for Bill, Dr. Bob, and others, because he felt he was more the founder of what was to become AA than anyone else". In the author's opinion, this resentment may be the reason for his repeated "slips" in the program.

Ebby also had the idea that he needed the right woman and an ideal job in order to stay sober. The implication is that if he didn't have the perfect woman and the perfect job, he couldn't stay sober. And he didn't stay sober. AA members know that sobriety has to be sought without any conditions, that we have to be "willing to go to any length to get it" and that "half measures availed us nothing."

Some of Ebby's own letters bring to mind Lois's observation noted earlier, that Ebby seemed to be "around" AA, but never really "in" it. Typical correspondence from AA's devotes substantial discussion to the AA Program and the application of the Steps to their own lives. Ebby's letters avoid these topics and are significant for what they don't say. In 1954, Bill wrote that Ebby now, "shows more signs of really joining AA than ever before." The implication is that Ebby had shown less commitment to the AA program before then, but even at that time, there were still substantial doubts about his sincerity.

Earlier, in 1947, his sister-in-law received a letter from Ebby, and she wrote back suggesting that the answer to his problems was to devote himself to helping others and then continued,

"But as I read your letter this thought is far from your mind and you are again concerned with the petty and material affairs of your surroundings and the bickerings and by-plays of your associates, with the thought still deep in your mind that you have been persecuted and discriminated against by others, while the real facts might well be that it is your own ego that is at fault."

Ebby drifted in and out of sobriety, and in and out of AA, with many AA members trying to help him regain a more stable sobriety. The person who was ultimately successful was Searcy W., who had established a hospital for alcoholics in Texas. Early in 1953, Searcy had asked Bill what he would like to see happen in AA, and Bill said, "I would like for Ebby to have a chance to sober up in your clinic." Several months later, it came to pass, and after a short slip in 1954, Ebby remained sober for seven years.

In 1961, Ebby's girlfriend died and the next day Ebby got drunk. He apparently still believed that his sobriety was conditional on having the right woman, and now she was gone. Ebby moved back to New York and lived at several places for the next two years, one of which was at his brother Ken's home in Delmar, a suburb of Albany. He had emphysema, the same disease that caused Bill's death, and was in poor health, his weight having dropped from 170 to 122 pounds.

Ebby eventually came to Margaret and Micky McPike's farm outside Ballston Spa, New York, in May, 1964 and it was under their loving care that he finished the final two years of his life, dying sober on March 21, 1966. While at McPike's farm, he never even attempted to get something to drink although he never attended any AA meetings. Still, AA visitors were frequent and AA principles were in constant evidence, permeating the entire atmosphere at McPike's. Dr. Bob said that the AA program boiled down to love and service and that was the essence of Margaret and Micky McPike, who helped more than four thousand persons to recover from alcoholism. Ebby was one of them.

AA's agree that no matter what happens to them, the most important thing is to not pick up that first "sucker" drink. Once alcohol is placed in our bodies, the results are physically inevitable in the same way that once a dose of castor oil has been taken, all the mental will power in the world is of no avail. Our problem as alcoholics centers in our minds, in having an entire psychic change as a result of taking the actions set out exactly in the 12 Steps. It is said in the rooms, "If you do what we did, you'll get what we got." Ebby was unable, for whatever reasons, to put the AA program of action into his life on a regular basis.

All of his life, Ebby was overshadowed by the recognition and success of his father and grandfather and in his own generation, by the accomplishments and respect given to his older brothers. This may have developed in him a sense of "never good enough" so familiar to alcoholics. It is also likely that his privileged childhood accentuated the sense of self-importance and self-focus that the AA program requires us to deflate at depth.

If Ebby had been recognized as the founder of the AA program, it would have given him respect and recognition far surpassing anyone in his family. After Bill received the message of recovery from Ebby, he devoted the rest of his life to helping other alcoholics. If Ebby had been willing and able to take similar actions of love and service, he would have been a co-founder with Bill Wilson. But he would not, or could not, do the day-to-day work with others needed to bring AA into a concrete reality.

Rather than realistically looking at his own shortcomings in establishing AA, Ebby wallowed in resentments, the greatest obstacle to sobriety and the number one killer of alcoholics. Perhaps Bill was thinking of the example of his sponsor, Ebby, when he wrote the many strong statements in the Big Book condemning resentments. For whatever the reasons, Ebby never seemed to give himself completely to the simple program of Alcoholics Anonymous.

There are many others who achieve periods of sobriety yet relapse from time to time. They are not to be condemned, but welcomed back into the Fellowship. Their experience is a lesson to others that alcohol as an enemy is indeed cunning, baffling and powerful. If anyone might feel smug or superior, he or she should be grateful that they have not gotten that bad - yet.

If there is a Higher Power, then by implication there is a lower power. And the lower power can never win, unless we give up. Despite many slips, Ebby never gave in to the lower power and always came back. He ran the race; he kept the faith and died sober. Ebby deserves to be honored for carrying the message of spiritual recovery to Bill and for acting as his sponsor. Whatever his problems may have been with sobriety, Bill was always grateful to Ebby and so should all AA's.

Bill said, in "The Language of the Heart", "Ebby had been enabled to bring me the gift of grace because he could reach me at depth through the language of the heart. He had pushed ajar that great gate through which all in AA have since passed to find their freedom under God."

Much of the above material is synthesized from Ebby's biography by Mel B., *Ebby-The Man Who Sponsored Bill W.*, published by Hazelden. Other material was taken from sections of Conference approved books listed in the reference section below. Comments and inferences in the article are the opinion of the author.

References:

Alcoholics Anonymous (The Big Book). Alcoholics Anonymous World Services, Box 459 Grand Central Station, New York, NY 10163.

AA Comes of Age. Alcoholics Anonymous World Services, Box 459 Grand Central Station, New York, NY 10163.

Language of the Heart. Alcoholics Anonymous World Services, Box 459 Grand Central Station, New York, NY 10163.

Lois Remembers. Al-Anon Family Group Headquarters, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617.

Pass It On. Alcoholics Anonymous World Services, Box 459 Grand Central Station, New York, NY 10163.

---The Action Log presents articles in the interest of promoting awareness and discussion. We take no responsibility for the accuracy of events herein.

--Action Log Editor 2010

2010 DISTRICT 29 INVENTORY

JULY 13, 2010 @ 6:30PM

***FACILITATED BY:
EDDIE H.
PAST DELEGATE - PANEL 53***

ALL MEMBERS WELCOME

POTLUCK @ 5:30PM

***313 6TH ST SW
(IN ALLEY BETWEEN 5TH SW & 6TH SW, PIONEER AVE &
4TH AVE SE)
PUYALLUP, WA***

***PLEASE COME AND JOIN YOUR DISTRICT TRUSTED
SERVANTS;***

GSR'S; ALT GSR'S AND COMMITTEE CHAIRS

***HELP US BY LETTING US KNOW WHAT WE ARE DOING
AND/OR NOT DOING AS A DISTRICT TO BETTER
SERVE THE ALCOHOLIC THAT STILL SUFFERS***

Announcement From Your Central Service Office

We looked at the meeting schedule for the remainder of 2010, plus the January 2011 meeting, and decided on the following changes:

***July 4 moved to July 11
September 5 moved to September 12***

The rest of the CSO Committee meetings will occur as scheduled on the first Sunday of every month.

We meet at the CSO at 6:30 pm.

***We are located at: 3640 South Cedar; Suite "S"
Tacoma, WA 98409***

DISTRICT 29 GROUP REPORTS

ABOVE GROUND GROUP

Welcome again from the Above Ground group. We are starting to fill up Applini's Two on a regular basis. But come on down, we'll get you in.

Unfortunately, we are about to lose a great GSR, Richard S. He's moving to southern California in May, Alex D is stepping up and taking the rest of Richard's two year rotation. Thank you Alex.

We meet every Tuesday and Thursday from 12 noon to 1:15pm. Birthdays are the last Thursday of the month.

Birthday for March:

Di S 8 years.

God Bless you all
Dave H

BACK TO BASICS

Greetings from Back to Basics!

Tuesdays at Mountain View Lutheran Church in Edgewood at 7:00. We have a group speaker every 3rd Tuesday, followed by the business meeting, birthdays are celebrated the last

Birthdays for March:

Lisa	24 hours (actually 28 days!)
Gretchen	2 months
Mary	3 months
Marie	8 months
CJ	10 months
Julie	1 YEAR!
Brad	6 years

Come on up Tuesdays to B2B ! We're getting so HUGE, we now split up into two groups so everyone gets their chance to share.

Thanks for my sobriety,
Rockin' Ron

EATONVILLE

ELBE FRIDAY NIGHTERS

We enjoyed a great spring potluck and birthday meeting on the last Friday of March. Some 32 folks joined us in the fellowship hall behind the train depot in beautiful downtown Elbe to share good food and lots of laughs. AA B-days

were:

Michelle	2 weeks
Terry	1 month
Kevin	1 month
Joe	4 months
David	5 years
Cleve	11 years
Pam	22 years
Cathy	23 years
Barbara	32 years

Our next potluck meeting will be the last Friday in June to celebrate the summer solstice. We hope you'll join us for that and in the meantime come on out toward the Mountain for some good AA.

Peace and Love, Michael H.

FIRGROVE

FRESH START

Hello again from A Fresh Start Group.

Spring is finally here! Get out to a meeting! Fresh Start meets every Friday evening 6:30 pm at Milam Recovery Center, downtown Puyallup. Please join us for fellowship and recovery. Also Friday mornings we have a meeting from 10:30 till noon. Our business meetings are on the last Friday of each month starting at 5:45 pm. If you are interested in service work we have a few positions open, please join us.

Birthday night is also the last Friday of each month. Congratulations to the following people celebrating a birthday in the month of March:

Cindy	24 hours
Erika	24 hours
Travis	24 hours
Cheyenne	24 hours
Dan	1 month
Sara, Julie	2 months
Brad	8 months
Carlos	9 months
Kristy	10 months
Brian	1 year
Jim	22 years
Karen	24 years

Yours in service,
Shannon R

FRIED BREAD II

It is with regret that I am sending in the last report for Fried Bread II. At our last business meeting, the people who were having the meeting in their home, told us that she was too ill

and could no longer have it there. A vote was taken and unanimously passed to disband the group. We want to say thanks for the love and sobriety shared with all of us over the last three years. The books have been taken to district and the funds have been distributed to district, area and GSO. Thanks for the memories.

Love in service, Kay L

GOLD GATE GROUP

Gold Gate Group would like to thank everyone for their continued support. Birthdays for March are:

Dan R	1 month
Andy W	1 month
Justin A	1 month
Racheal A	2 months
Bryce P	2 months
Ryan Z	6 months
Brock W	7 months
Jeramy J	9 months

Yours truly, GGG

GRAHAM GROUP

HAIR OF THE DOG

Greetings from the Hair of the Dog group.

We are and always will be meeting on Wednesday night from 7:00pm to 8:15pm at the Poodle Dog Resturant on Fife. If you need to talk we are a small group and you will be heard.

Birthdays for March are:

Dale	2 months
Diana	11 months

God Bless you all
Dave H

HANG IN THERE

Wow!!!!!!!!!!!

Over 60 people attended our birthday party on Wednesday 3/31. What a joy to see all. Birthdays celebrated were:

Jim C	24 hours plus
Jan C	24 hours plus
Ryan E	1 month
Roy S	1 month
Genie A	2 months
Randy B	2 months

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Nick M	2 months
Lisa B	4 months
Brandon K	4 months
Bonnie K	7 months
Ryan H	7 months
Deann H	9 months
Rebecca M	10 months
Jamie T	1 year
Olga K	1 year
Darrell H	18 months
Larry F	18 months
Michelle R	18 months
Kerri W	2 years
Di S	8 years
Julie D	19 years
Timothy T	25 years

Thanks Di for being our chip chick and cake supplier for all these years!!

Our Sunday breakfast at Applini's II continues to draw. Our guest speaker for March was Gordie from Federal Way. 46 years of sobriety and still going strong. A great example of what can be.

Thanks to all and have a great life.

LIVING FREE

I hope you are all enjoying this lovely spring! We would like to see all of you at the Living Free Group of Alcoholics Anonymous. We meet at the First Presbyterian Church at 5th and Pioneer on Sunday at 6:30 pm.

Our speaker for this month's potluck was Precious Karen. She shared her engrossing story of recovery and growth in the program of AA. She shared her belief of really after you get rid of the alcohol all you are left with is a "Thinking Disease".

The March birthdays are as follows:

Diane	1 month
Dan	1 month
Katherine	1 month
Joe	4 months
Kathy	5 months
Sally	5 months
Dennis	6 months
Ken	1 year
Nathan	18 months
Kathy	18 months
Dave	2 years
Princess Debbie	3 years
Steve	13 years
James	13 years
Eileen	16 years

Gary	20 years
Bruce	21 years
Bob	21 years
Precious Karen	24 years

Congratulations to all of you for your achievement. Come and see us real soon!

Kevin C

LOFT GROUP

MEEKER

NEW SOUND

OHOP NUTS & BOLTS

Ohop Nuts & Bolts Action Log entry for Feb & Mar:

Ohop Birthday Night is the Last Sat of each month. Daryl brought the killer brownies. Must be why the turnout was so good – standing room only.

Ohop February Birthdays celebrated were:

Greg	1 month
Daryl	4 months
Jim	5 months
Mike	6 months
Kathy	8 months
John	8 months
George	11 months
Dennis	13 years
Dan	33 years

Ohop March Birthdays:

Jack	24 hours
Greg	1 month
Dary	5 months
Dale M	6 months
Kevin	6 months
Jim	6 months
Mike	7 months
Dave	7 months
Kathy	9 months
Jenifer	9 months
Richard	10 months
Cody	1 year
George	1 year
Stacy	2 years
John	5 years
Ken	7 years
Mac	11 years
Norm	16 years

We wish to extend a Very Happy Birthday to all, and hope you have many, many more.

Keep coming back!!

ORTING FIRESIDE

Greetings from Orting Fireside! Margie H. from Puyallup A.I.R. was our birthday speaker for March. She shared her experience, strength and hope with us and explained that alcoholism to her is a disease of "not enough". Thank you for sharing your story with us!

We celebrated the following birthdays:

John M.	24 hours
Todd K.	1 month
Joe M.	2 months
Allan M.	6 months
Stephanie E.	11 months
Nathan C.	18 months
Margie H.	2 years
Chris C.	3 years
David S.	5 years
Tim T.	12 years

Congratulations everyone! I love birthdays as they recognize accomplishment and the daily choice we make to be active participants of this wonderful program of AA. One of the most fulfilling service positions I have ever had is to be my home group's "chip chick" and pass out hugs and coins on birthday night. Thank you Fireside Group for letting me be of service!

Erin B.

P.A.I.R.

Well, spring is here people. I can tell because it won't stop freakin' raining. I really hope this summer is as hot as last years. I don't know about you but I *like* the temperature in the 100's. Of course, I do have a pool though. Which, when it gets that hot out, just turns into one big boiling pot of water. Come on over if you have a couple of thousand pounds of vegetables to steam...

Hey, we only had one birthday for the month of March. Mine! I had 2 years on the 25th. In all seriousness, I thank God and AA for my recovery. Things get hard sometimes but they are as they are supposed to be and I don't have to drink over them. It truly is a miracle that I am sober today. Thank you to the Orting Fireside Group for having me as their guest speaker this month. I didn't even crack a joke; just talked honestly about what it was like, what happened and what it's like now. I do know that every day that I'm sober is a gift.

Enough of that. I get uncomfortable when I'm

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not being inappropriate or sarcastic. Speaking of which, I'd like to apologize publicly to Rex for making the comment that "when he takes his coat off to reveal the short sleeved black tee-shirt he wears that accentuate his muscles, I have the desire to stick a 5 dollar bill in his pants." Even worse was the fact I said it to a room full of people while getting my coin at the Puyallup Group. I'm just a work in progress, people. Don't judge me...

PAIR meets every Tuesday from 8-9 pm and on Fridays from 7-8pm. We have our birthday meeting on the last Tuesday of the month with coins, cake, and coffee. Everybody is welcome

Yours in service,
Margie H.

PUYALLUP GROUP

We had a good turn out for potluck. Here are the people celebrating Birthdays:

Brandon	1 month
Dave B	1 month
Don	1 month
Tim	6 months
Carlos	9 months
Graham	1 year
Harrison	1 year
Kathy	18 months
Margie	2 years
Tami	5 years

Congrats All!
Thanks,
Howard F

PUYALLUP SERVICE GROUP

PSG would like to invite you all to join us on Wednesdays from 8-9pm and Saturdays from 8-9:30pm. Meeting are held at Celebration Lutheran Church, located at 2500 Shaw Road in Puyallup. Our Birthday meeting is held the last Saturday of each month.

Birthdays for the month of March

Jim	24 hours
Julie	2 months
Brad	8 months
Graham	1 year
Dawn	1 year
Brian E.	1 year

Happy Birthday to all, and we hope to see you all soon

PSG

SEEKING OUR SOLUTION (SOS)

Hello from SOS group! We had another awesome month and are looking forward to many more. We hold our birthday celebration on the last Wednesday of the month which was March 31st this month.

Birthdays celebrated are as follows:

Brian Y	24 hours
Dan R.	1 month
Diane U.	1 month
Harry P.	1 month
Andy	2 months
Julie C.	2 months
Gary	3 months
Lisa B.	4 months
April S.	5 months
Marie	6 months
Carlos W.	9 months
Graham B.	1 year
Jeff T.	3 years
Karen "Precious" E.	24 years

Jim E. was our speaker for the month. Thank you for sharing your experience, strength, and hope with us...it was great to hear your story and get to know you better!!! We hold meetings at the Foursquare Church on Thursdays at 7pm and Saturdays at 8am and at the American Legion on Wednesdays at 7pm. Our business meeting is the second Wednesday of the month at 6:30pm. Please join us in the fellowship of the spirit!

Yours In Service,
Julia J.

SHOP GROUP

Hello from the Shop Group, March birthdays are:

Tim	24 hours
Greg	2 months
Mo	2 months
Jessy	6 months
Mike	7 months
Deana	7 months
Rick	11 months
Mark	2 years
Kenny	7 years
Paul	12 years
Timothy	25 years
Mary F	25 years

That's it for now. Thanks for your support everyone.

STRAIGHT SHOOTERS GROUP

Hello from everybody at the Straight Shooters meeting of AA. Tired of our cold and rainy weather? Come join the Straight Shooters for warm fireside meetings every Monday evening starting @ 7:00 pm. Plenty of coffee, treats, experience, strength and hope to go around. Don't forget to join our world famous monthly potluck every 2nd Monday starting at 6:15. Bring your own world famous dish! Here are birthdays for the month of March:

Travis	24 hours
Erica	24 hours
Kirk	1 month
Diana	1 month
Jeff	4 months
Melody	8 months
Kristen	9 months
John F.	9 months
Kristy	10 months
Rene	3 years
Debbie	3 years
Mary Beth	5 years
Steve	7 years
"Doc"	30 YEARS!!!

John F.

TRUSTED SERVANTS

What a joyful birthday night. .
Wonderful potluck dinner and meeting. Those celebrating birthdays were:

Brian	24 hours
Erik	24 hours
Julie	2 months
Gretchen	2 months
Tara	3 months
James	3 months
Gary	3 months
Joey	4 months
Julie	4 months
Judy	4 months
Kathy M.	7 months
Waylen	8 months
Brad	8 months
Carlos	9 months
C.J.	10 months
Brian E.	1 year
Karen E.	24 years

We have a few extra chairs left even with all our growth lately. Come join us - 7:30 pm, Sumner Presbyterian Church on Washington St. The last Monday of the month at 6:30 we will be having a potluck prior to the birthday meeting.

Love without conditions,
Karen E.

Dear Friends,

In 1985, which was AA's 50th Anniversary of existence, some Seattle area AA members worked together to plan a large AA event at "the Arena" in Seattle Center. Approximately 5000 members attended. Many who were unable to attend the International Convention in Montreal that year were easily able to attend this more local event.

This year AA will achieve another milestone.....75 years of one alcoholic sharing the message of hope with the next, one day at a time. And again a group of AA members have talked it over and are planning an event on Sunday, June 13th at the Meydenbauer Center in Bellevue, WA. This will be an all day event, 10 in the morning to 8 or 9 in the evening with great speakers, an old timer's panel and many other wonderful presentations!! Music will be performed in between panels and an AA meeting that evening will close the event.

The donation at the door will be only \$5! The way we are able to keep the costs down are some dances at local venues that half of the money received will be donated to this effort, as well as tee shirt sales. Over half of your cost of the tee shirts will be donated to help pay for the facility. (After the purchasing of the shirts of course.) Your "passport" to this event will be a button, purchased for \$5, either in advance (and must be worn that day) or at the door.

Members from the entire Seattle to Lynwood to the Eastside, and Tacoma, to Bremerton region are joining together to celebrate recovery and we'd like you to join us!! So note the date, Sunday June 13, 2010....or pick up a flyer!!

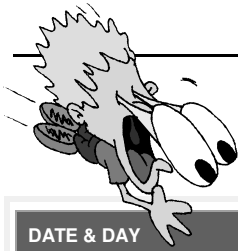
In Love & service,
Host Committee 75th Anniversary

The events listed herein are for the purpose of informing the reader. District 29 does not promote any outside events, and further has no opinion on them.

Larry H. / Action Log Editor 2009-2010

CALENDAR OF EVENTS

Note: Please submit calendar information to the editor: Tel: (253) 459-XXXX E-mail stampmymud@yahoo.com



Happenings for April and beyond.

District 29 Events

DATE & DAY	EVENT	TIME	WHERE	CONTACT
April 15, Thursday	District 29 Monthly PI/CPC Meeting	Starts: 6:30PM Second Thursday of every month.	DSC Office Campfire Girls Building Puyallup, WA	PI Chair: Dave M. dask123@yahoo.com CPC Chair: Margie H. mlchughey@hotmail.com
April 15, Wednesday	District 29 Monthly Correction Meeting	Starts: 6:00PM Second Wednesday of every month.	DSC Office Campfire Girls Building Puyallup, WA	Joe Logger: joelogger@hotmail.com
April 20, Tuesday	District 29 Monthly Archives Meeting	Starts: 6:30PM Third Tuesday of every month.	DSC Office Campfire Girls Building Puyallup, WA	Pam D.
May 11, Tuesday	District 29 Monthly Business Meeting	Starts: 6:30PM Second Tuesday of every month.	DSC Office Campfire Girls Building Puyallup, WA	Teresa M. dcm29@area72aa.org
June 6, Sunday	AA 75 th Anniversary Cruise with the Meeker Fellowship	Ship Sails: 1:00 PM	Port of Tacoma	For Tickets: Gloria: 253-282-XXXX Steve: 253-360-XXXX
June 19, Saturday	District 29 Picnic	Around Noon	Sodier's Home Orting, WA	alt.dcm29@area72aa.org
November ,6 Saturday	Gratitude Banquet	5:00PM	Sodier's Home Orting, WA	alt.dcm29@area72aa.org
April 24, Saturday,	WWA 72 Accessibility Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	Mt. Tahoma Baptist Church 5220 74th St W Tacoma, WA 98499-7949	Tommy S.; tommymiscott@WAMail.net (or) Ron A.; rangusr@hotmail.com
April 17, Saturday	WWA 72 Treatment Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	Normandy Park Congregational Church 19247 1st Ave South Normandy Park, WA 98148	treatment@area72aa.org
May 1, Saturday	WWA 72 Archives Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	The Salvation Army 832 Sixth Street Bremerton, WA 98337-1441	For more info: archivist@area72aa.org
June 12, Saturday	WWA 72 GV/Literature Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	Edmonds Christian Church 23010 84th Avenue W Edmonds, WA 98026-8600	CONTACT information: WWA 72 GV/LIT Chair Reggie F. gvlit@area72aa.org
June 13, Sunday	AA 75 th Anniversary get together	Start: 10:00 AM till 9:00 PM	Maydenbauer Center 11100 NE 6 th St Bellevue, WA	See flyer in this issue or contact Teresa: dcm29@area72aa.org
June 19, Saturday	WWA 72 Correction Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	Virgil R Lee Community Building 221 SW 13th Street Chehalis, WA 98532	correction@area72AA.org
JULY 13, TUESDAY	2010 DISTRICT 29 INVENTORY	STARTS : 6:30PM	District Office/Campfire Girls building	Teresa; dcm29@area72aa.org
July 1-4	2010 International Convention of Alcoholics Anonymous 75 Years of A.A.		San Antonio Texas	www.aa.org Fax: (514)-228-3154
July 9-10, Friday	WWA 72 Quarterly Business Meeting	Saturday: Fellowship: 7:30AM Business: 10:00AM	Hampton Inn (Fox Hall) 3985 Bennett Drive Bellingham, WA 98225-1027	dcm29@area72aa.org
July 17, Saturday	WWA 72 Treatment Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM	Clark County PUD Building 1800 Ft. Vancouver Way Vancouver, WA 98663-3501	dcm7@area72aa.org treatment@area72aa.org
July 23, 24, 25 Friday thru Sunday	29 th Annual Freedom In Sobriety	Starts Friday	LaQuinta Inn Tacoma, WA	
July 31, Saturday	Whisky Bill Motorcycle Run	7:40 Leaving Buckley at 9 am. Up over Chinook pass then back to Rushton Farm 5pm for barbeque and Fireside meeting.	Starts in Buckley at the "410" café for breakfast at	Contact Perry R at: blessing51@comcast.net
August 13, 14, 15, Friday	21 st Annual Nooner to Niner	Starts: Friday but may camp earlier	Mineral Lake Event Center 143 Mineral Drive Mineral, WA 98355	For info email Mark R. at: kornhead44@msn.com
October 1, Friday	WWA 72 Assembly	Friday: Rountables Saturday: Business	Cowlitz Regional Conference Center Convention Center 1900 7th Avenue Longview, WA 98632-4003	dcm29@area72aa.org

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