

# DISTRICT 29

## THE ACTION DISTRICT

### ACTION LOG

## DISTRICT 29 TRUSTED SERVANTS

### Exrta! Extra! Debbie A. from District-29

### Elected WWA 72 Delegate

**DCM**

Greetings D29! Well we have had an interesting month since last district meeting. First, let me start by congratulating your newly elected incoming trusted servants:

- DCM - Tim T.
- Alt DCM - Donna K.
- Treasurer - Karen E.
- Alt Treasurer - Keith P.

I wish them all the best with a rotation that will be fill with enthusiasm, participation and financial support that Mike and I experienced over this last rotation. I will continue serve the rest of this rotation in hopes that this district continues to support each of us in the positions we hold. I hope that the home groups continue to encourage their members to support each of the standing committees as well.

Oh yes, let me address a rumor mill. That is all it was, a rumor. Let's try and remember to not get caught up in the mill of drama. If you are looking for the answer, just go straight to the horse as I did when an issue was brought to my attention. Simple solution. Really.

We had outstanding attendance at the Area Assembly from GSR's, Alt GSR's and a few members of D29. I did make myself available for an Area position; however, it was not God's will or the decision of the body of the Assembly for me to serve as an elected. So, I will pray about submitting a resume or not for an appointed position. Who knows, maybe my HP is silently speaking to me to slow down a bit.

We had a couple of suggestions on locations for our district meeting. We, Mike, Donna, Tim and I, checked them out together and

have decided the facilities did not meet the needs of what the district facilitates usage are. We will continue to meet at the CSO in Tacoma on the 2nd Tuesday of every month @ 6:30pm. Also, I am encouraging all D29 standing committees to make sure they attend the Pierce County standing committee meetings as well to help keep the D29 home group reps informed.

Our December 14, 2010 will be a potluck to end the rotation with the outgoing and the incoming. This would include all elected, appointed, GSR's and Alt GSR's or any member that would like to just come to partake in the fellowship of service.

Thought for the Month

**Today I will surrender to that which I cannot control.**

Surrender does not mean giving up when I need to be persistent; it means letting go of that which I can't change. Surrender doesn't mean I stop trying; it means I try, and then I surrender to the outcome. What I think I want for myself - and what I may try to force - may not ultimately be in my best interest. I will let go of constantly thinking about and analyzing the situation, and I will surrender to whatever happens, no matter how long it takes

L.I.S.,  
Teresa M  
DCM D29  
[Tresdcm29@yahoo.com](mailto:Tresdcm29@yahoo.com)

**ALTERNATE DCM**

Hello to all in our great district we call 29. Well we had our election for your upcoming elected committee members; congratulations to all! As I reflect back on this last rotation as your alt. D.C.M., what a fun and rewarding service

commitment it has been for me; thank you all so very much. As our gratitude banquet is drawing closer (Nov. 6th), it has the making of being a blast. Our guest AA guest speaker will be Dave P. from Bellingham, and our guest alanon speaker is Chuck from the Narrows Group. With good food coming from the same caterer we had at last years banquet, music (dancing to 50's and 60's), and lots of good fellowship; how can it not be a blast...all we have to bring is a dessert. Now remember it.s catered; we'll be serving ham, chicken, vegetable, rolls, and a garden salad

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Please send all submissions to:  
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# DISTRICT 29 TRUSTED SERVANTS

with ranch dressing; so bring a dessert, if you are able. Our district has a reputation as being a district that knows how to have fun; yes, we are the action district. May we not only interact with our surrounding districts at our area quarterlies and assemblies, but also at our picnics and banquets. The more AAR's i have around me, the happier i am, don't you think.?

With love in service, and do I ever mean love in service,  
Mike Archer,  
Your Alt. D.C.M.

P.S. See you all at the Gratitude banquet; and, remember, it's a sock hop, so dress up like the 50's or 60's if you like; I know I will!

## TREASURER

Hello everyone in District 29, we are starting to have income/expenses for the Gratitude Banquet so I have included an excel sheet showing everyone where it stands every month. Congratulations to all of our new elected officers and appointed Trusted Servants it is an honor to serve this District. Karen will be your new Treasurer for 2011-2012 and Keith will be your new Alternate Treasurer they will make a great finance team. I will work closely with them both so we may have a smooth transition into the next term. If you will notice we are above our total reserve by \$830.95, our committee's have 3 months to use their budgets with the intent to help the still suffering alcoholic. Our district is in good financial health hopefully we can maintain this as we transition into a new team faced with relocation.

Thank you,  
Donna K.  
District 29-Treasurer

## GRATITUDE BANQUET INCOME - EXPENSE REPORT

Gratitude Banquet	September	October	November	December	Totals
<b>Income</b>					
Ticket Sales	\$ 68.00	\$ -	\$ -	\$ -	\$ 68.00
Raffle	\$ -	\$ -	\$ -	\$ -	\$ -
Pop/Water	\$ -	\$ -	\$ -	\$ -	\$ -
	\$ -	\$ -	\$ -	\$ -	\$ -
<b>Total Income</b>	<b>\$ 68.00</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 68.00</b>
<b>Expenses</b>					
Tickets	\$ 67.58	\$ -	\$ -	\$ -	\$ 67.58
Rent	\$ -	\$ -	\$ -	\$ -	\$ -
Catering	\$ -	\$ -	\$ -	\$ -	\$ -
Music	\$ -	\$ -	\$ -	\$ -	\$ -
Decorations	\$ -	\$ -	\$ -	\$ -	\$ -
Printing/Flyers	\$ -	\$ -	\$ -	\$ -	\$ -
	\$ -	\$ -	\$ -	\$ -	\$ -
	\$ -	\$ -	\$ -	\$ -	\$ -
<b>Total Expenses</b>	<b>\$ 67.58</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 67.58</b>
<b>Balance</b>	<b>\$ 0.42</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>

## SECRETARY

Hello Everyone!  
Let's get right down to business. Our DCM and alternate DCM looked for new meeting facilities last month without success. They asked the district to think about what they want in a meeting place and how much they want to pay. Our DCM announced that we had 22 GSRs currently registered for the assembly and that she was looking forward to the event.

Our alternate DCM announced the Gratitude Banquet committee is doing a great job. They do not have a menu set yet but tickets are now for sale. They are \$17.00 each and Mike says it will be worth every penny. If you want to help with the planning of the Gratitude Banquet, be down at Applinis at 5:30 PM every Thursday.

We had elections for DCM, Alternate DCM, Treasurer and Alternate Treasurer because it is the end of our two year rotation. The elections were facilitated by Darin from the Narrows Group our current WWA72 CPC chair and Kevin from the Parkland Group and District 45's alternate DCM. Thank you Kevin and Darin for your excellent guidance through our elections process. The results were as follows:  
Tim T., DCM  
Donna K., Alternate DCM  
Karen E., Treasurer  
Keith P., Alternate Treasurer

There was a motion to destroy the ballots brought by David from Straight Shooters and seconded by Steve from Fresh Start. Motion was passed unanimously.

Birthdays for September are as follows:  
Ron 3 years  
Judy 9 years  
Danny 5 years  
Darin 18 years

Happy birthday everyone. Keep coming back. I would like to close with a couple of quotes from the Big Book.

"Though an alcoholic does not respond, there is no reason why you should neglect his family."  
Alcoholics Anonymous, Third Edition page 97

"Argument and fault-finding are to be avoided like the plague. In many homes this is a difficult thing to do, but it must be done if any results are to be expected."  
Alcoholics Anonymous, Third Edition pages 98-99

Carol N.  
District 29 Secretary  
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## ARCHIVES

### NEWSLETTER EDITOR

Happy October!?

The end is near folks. Only two more issues after this, and I'm a gone unit. Guess that makes me what they call; a "Lame Duck" editor. Actually that could get interesting, because I could pretty much say what I want, since I'll be outta here in January anyway. I mean what are they gonna do, fire me? Don't tempt me!

We met for the first time at the Tacoma Central Service Office. What a blast that was....NOT! If you think driving through rush hour traffic to get anywhere close to the mall on 38<sup>th</sup> street is a "Funtastic Ride," you didn't spend enough time at the fair when you were a child. For the sake of the district, I hope they find a home located back in Puyallup soon! I'm afraid that if they meet there too long attendance will disappear.

I won't bother going over the elections, as I'm still recovering from that one. One of the most bizarre experiences of my service life. But hey, the GSRs spoke and now you get to deal with it. It matters not if I agree with their decisions, my job now is to be supportive. Thus, I will do everything I can, to make the transition as smooth as possible for your new editor. I just hope they find someone who wants to do the job with a passion. I believe a good trusted servant should always come equipped with this vital ingredient.

I will definately miss producing the Action Log each month, as I have come to enjoy the experience, but just as I had to rotate out of area service, I'm a gonner come Jan, 1<sup>st</sup>.

I want to thank the district for allowing me to be of service yet again. I've been fortunate to have had a service job for 28 straight years in AA. I believe that is an absolute necessity for staying sober. Who knows, you may see me back at district in the years to come. I hope so.

Oh by the way, I will be keeping a close eye on the goings on around here, and I suggest you do the same.

***I love my job, thank God for AA!***

Larry H.  
Action Log Editor  
[stampmymud@yahoo.com](mailto:stampmymud@yahoo.com)

## DISTRICT 29 TRUSTED SERVANTS

### REGISTRAR

#### COOPERATION WITH THE PROFESSIONAL COMMUNITY

The CPC committee used its time this month to collect some materials necessary for our work from the new Archives storage unit. Many thanks to Theresa and her committee for transferring our valuable memorabilia to such an appropriate storage facility.

The South Hill Library has requested and received more pamphlets for youth with alcohol problems. We took a quick inventory of materials needed for us to do our job and will present a motion for funds at the next district meeting.

The purpose of this committee is to familiarize members of the professional community (lawyers, judges, counselors, doctors, etc.) with the purpose and methods of AA, and to make a contact available to them if they wish to extend our services to their clients. This is our way of reaching out to the alcoholic who still suffers.

Volunteers from any group are welcome to join us. The next meeting of the committee will be held at 6:30 p.m., Thursday, October 14. For information, call 206-300-8627. We will be deciding which AA materials to use in our contacts with the legal community.

Sober in Service,  
Chris N.,  
CPC Chr.

#### CORRECTIONS

Hi to everyone out there in District 29.

Our Corrections Committee is doing ever so well. A very big welcome to Jim E. from Trusted Servants and Big Brad from the Loft Group. Welcome aboard. That gives us a total of 4 groups being represented from District 29. Our group reps are going to other meetings, that are not represented with a Corrections Rep, and trying to give our Group folders to them in hopes of getting them to corral a rep.

Until District 29 gets a new home, we are meeting at the shop of Joe Logger (10920 Valley Ave E in Puyallup) on the 3rd Wednesday of each month. Our monthly Pierce County Meeting is at the CSO office in Tacoma on the 2nd Tuesday of each month. Come on out and join us. We also had a request for a Pink Can for the Monday night meeting of Trusted Servants. Thanks Jim. And thank you

too Big Brad, and to all who help us out. And a very special thanks to Katherine, who is not on the committee, for all her help.

We all could use your support, both in the Pink Cans, and Literature to take inside. Any AA approved Literature is accepted and greatly appreciated. And just like Larry H., I thank God for AA, cause without Service Work, I would be doomed. Thank You All

Yours, at your service,

Joe Logger

#### HOSPITAL & TREATMENT

The District 29 Treatment Facilities Committee continues to be alive and well, now with **fifteen** groups taking meetings into the five residential treatment facilities of Pierce County. Welcome to the newest group to Treatment: The **SHOP GROUP** with Treatment Representative; Dan!

The Pierce County Treatment Facilities Committee meets at the CSO on the first Tuesday at 6:30 PM. Until District 29 firms up a meeting location that will be the time and place for District 29 Treatment business. I will continue to schedule meetings for groups unable or unwilling to attend the CSO meeting.

**HELP!!!** Ladies, please continue to drop by the Prosperity Wellness Treatment Facility on Sundays at 7:00 PM. It is located one block west of Canyon Road on the north side of 112<sup>th</sup> in the Summit Area. The gals in there are seeking outside sobriety. A special thanks to Back to Basics for adopting the third Sunday of the month as a treatment commitment to these ladies.

If your home group doesn't have a Treatment Rep, how about you serving?

#### The District 29 TF meeting commitments are listed below:

If there are changes you wish to make to your group's schedule please contact me. If your group would prefer more options in the selection of meetings please attend the Pierce County Corrections Committee meeting on the first Tuesday of the month, August 3<sup>rd</sup>, at 6:30 PM held at the CSO in Tacoma. I will also be available at the District Service Center on August 4<sup>th</sup> at 6:30 PM. If your group has decided to become involved, let me know.

**Above the Ground** is at WSH on October 11<sup>th</sup> and November 1<sup>st</sup>.

**Back to Basics** visits Prosperity Women's on Oct 3<sup>rd</sup> and again on November 21<sup>st</sup>, the third Sunday of each month.

**Firgrove** will be taking a meeting to WSH on October 25<sup>th</sup> and the VA on November 9<sup>th</sup>.

**Fresh Start** is scheduled for Sea-Mar October 19<sup>th</sup> and Tacoma Detox on October 24<sup>th</sup>, then Sea-Mar November 6<sup>th</sup>.

**Graham** went to the VA on October 5<sup>th</sup> then to WSH on November 22<sup>nd</sup>.

**Hang in There** will travel to WSH October 18<sup>th</sup>, DeTox November 10<sup>th</sup> and Sea-Mar November 27<sup>th</sup>.

**Living Free** takes a meeting to the VA on October 12<sup>th</sup> and Sea-Mar November 30<sup>th</sup>.

**The LOFT Group** is scheduled for Prosperity Men's on October 15<sup>th</sup> and WSH on November 10<sup>th</sup>.

**Meeker Fellowship** take a meeting to WSH on October 8<sup>th</sup>, then WSH November 24<sup>th</sup>.

**Ohop** will meet at WSH on October 20<sup>th</sup> and WSH November 8<sup>th</sup>.

**P.A.I.R.** is signed up for WSH on October 13<sup>th</sup> and WSH on November 29<sup>th</sup>.

**Puvallup Group** will support Sea-Mar October 23<sup>rd</sup> and WSH November 12<sup>th</sup>.

**Seeking Our Solution** meets at WSH on October 27<sup>th</sup> and the VA on November 10<sup>th</sup>.

**SHOP Group** went to WSH on OCT 5<sup>th</sup> and Sea-Mar on November 20<sup>th</sup>

**Straight Shooters** visits Prosperity Men's October 29<sup>th</sup> and November 19<sup>th</sup>.

#### Pierce County Treatment Facility meeting schedule:

**Sunday:** Tacoma Detox @ 7:00 PM  
Prosperity Wellness, Sumner @  
7:00 PM (Men only)

Prosperity Wellness, Summit @  
7:00 PM (Women only)

**Monday:** Serenity/WSH @ 6:30 PM

**Tuesday:** Sea-Mar @ 6:00 PM  
New Life-VA @ 7:30 PM  
WSH Lockdown @ 6:50 PM

**Wednesday:** Serenity/WSH @ 6:30 PM  
Tacoma Detox @ 7:00 PM

**Thursday:** No meetings scheduled

**Friday:** Serenity/WSH @ 6:30 PM  
Prosperity Wellness, Sumner @  
7:00 PM (Men only)

**Saturday:** Sea-Mar @ 7:00 PM

The remaining Treatment Quarterly for this rotation is **October 9<sup>th</sup>**, District 38, Kirkland. Thanks to Jim from Living Free for attending in my sted.

Yours in service;

Dick B  
[treatmentdist29@gmail.com](mailto:treatmentdist29@gmail.com)

# Into Action

## Clarence S. "Home Brewmeister"

(One of the first 100 men and women who wrote the "Big Book")  
His story as it appeared in the first edition, pages 274 – 281

Strangely enough, or by some queer quirk, I became acquainted with the "hilarious life" just at the time in my life when I was beginning to really settle down to a common-sense, sane, domestic life. My wife became pregnant and the doctor recommended the use of Porter Ale...so...I bought a six gallon crock and a few bottles, listened to advice from amateur brewmeisters, and was off on my beer manufacturing career on a small scale (for the time being). Somehow or another, I must have misunderstood the doctor's instructions, for I not only made beer for my wife, I also drank it for her.

As time went on, I found that it was customary to open a few bottles whenever visitors dropped in. That being the case, it didn't take long to figure out that my meager manufacturing facilities were entirely inadequate to the manufacture of beer for social and domestic consumption. From that point on, I secured crocks of ten gallon capacity and really took quite an active interest in the manufacture of home brew.

We were having card parties with limburger and beer quite regularly. Eventually, of course, what with all the hilarity that could be provoked with a few gallons of beer, there seemed to be no need of bridge or poker playing for entertainment. Well...we all know how those things go. The parties waxed more liquid  
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and hilarious as time went on, and eventually I discovered that a little shot of liquor now and then between beers had the tendency to put me in a whacky mood much quicker than having to down several quarts of beer to obtain the same results. The inevitable result of this discovery was that I soon learned that beer made a very good wash for whiskey. That discovery so intrigued me, that I stayed on that diet almost entirely for the balance of my extended drinking career. Yes sir, the old Boilermaker and his Helper. The last day of my drinking career, I drank 22 of them between 10 and 12 A.M. and I shall never know how many more followed them until I was poured into bed that night.

I was getting along fairly well with my party drinking for quite some time however, but eventually I began to visit beer joints in between parties. A night or so a week in a joint, and a party or so a week at home or with friends, along with a little lone drinking, soon had me preparing for the existence of a top flight drunkard.

Three years after I started on my drinking career, I lost my first job. At the time, I was living out of town, so I moved back to the home town and made a connection in a responsible position with one of the larger companies in the finance business. Up to this point I had spent six years in the business and had enjoyed the reputation of being very successful.

My new duties were extremely confining and my liquor consumption began to increase at this time. Upon leaving the office in the evening, my first stop would be a saloon about a block from the office.

However, as there happened to be several saloons within that dis-  
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tance, I didn't find it necessary to patronize the same place each evening. It doesn't pay to be seen in the same place at the same hour every day, you know.

The general procedure was to take 4 or 5 shots in the first place I stopped at. This would get me feeling fit, and then I would start for home and fireside, thirteen miles away. Well...on the way home numerous places must be passed. If I were alone I would stop at four or five of them, but only one or two in the event I had my mistrusting wife with me.

Eventually I would arrive home for a late supper, for which, of course, I had absolutely no relish. I would make a feeble attempt at eating supper but never met with any howling success. I never enjoyed any meal, but I ate my lunch at noon for two reasons: first, to help get me out of the fog of the night before, and second, to furnish some measure of nourishment. (My enjoyment of meals now is an added feature to the Seven Wonders of the World to me. I can still hardly believe it). Eventually, the noon meal was also dispensed with.

I cannot remember just when I became the victim of insomnia, but I do know that the last year and a half I never went to bed sober a single night. I couldn't sleep. I had a mortal fear of going to be and tossing all night. Evenings at home were an ordeal. As a result, I would fall off in a drunken stupor every night.

How was I able to discharge my duties at the office during those horrible mornings, I will never be able to explain. Handling customers, dealers, insurance people, dictation, telephoning, directing new employees, answering to superiors, etc. However, it finally caught  
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up with me, and when it did, I was a mental, physical and nervous wreck.

I arrived at the stage where I couldn't quite make it to the office some mornings. Then I would send an excuse of illness. But the firm became violently ill with my drunkenness and their course of treatment was to remove their ulcer in the form of me from their payroll, amid much fanfare and very personal and slighting remarks and insinuations.

During this time, I had been threatened, beaten, kissed, praised and damned alternately by relatives, family, friends and strangers, but of course it all went for naught. How many times I swore off in the morning and got drunk before sunset I don't know. I was on the toboggan and really making time.

After being fired, I lined up with a new finance company that was just starting in business, and took the position of business promotion man,

contacting automobile dealers. WOW...was that something??? While working in an office, there was some semblance of restraint, but, oh boy, when I got on the outside with this new company without supervision, did I go to town???

I really worked for several weeks, and having had a fairly wide acceptance with the dealer trade, it was not difficult for me to line enough of them up to give me a very substantial volume of business with a minimum of effort.

Now I was getting drunk all the time. It wasn't necessary to report in to the office in person every day, and when I did go in, it was just to make an appearance  
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and bounce right out again. Was that a merry-go-round for the eight months that it lasted???

Finally this company also became ill and I was once more looking for a job. Then I learned something else. I learned that person just can't find a job hanging in a dive or barroom all day and all night, as jobs don't seem to turn up in those places. I became convinced of that because I spent most of my time there and nary a job turned up. By this time, my chances of getting lined up in my chosen business were shot. Everyone had my number and wouldn't hire me at any price.

I have omitted details of transgressions that I made when drunk for several reasons. One is that I don't remember too many of them, as I was one of those drunks who could be on his feet and attend a meeting or a party, engage in a conversation with people and do things that any nearly normal person would do, and the next day, not remember a thing about where I was, what I did, whom I saw, or how I got home. (That condition was a distinct handicap to me in trying to vindicate myself with the not so patient wife).

I also committed other indiscretions of which I see no particular point in relating. Anyone who is a rummy or is close to rummies knows what all those things amount to without having to be told about them.

Things eventually came to the point where I had no friends. I didn't care to go visiting unless the parties we might visit had plenty of liquor on hand and I could get stinking drunk. Fact is, that I was always well on my way before I would undertake to go visiting at all.  
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(Naturally, this condition was also a source of great delight to my wife).

After holding good positions, making better than average income for over ten years, I was in debt, had no clothes to speak of, no money, no friends, and no one any longer tolerating me but my wife. My son had absolutely no use for me. Even some of the saloon-keepers where I had spent so much time and money, requested that I stay away from their places. Finally, an old business acquaintance of mine, who I hadn't seen for several years offered me a job. I was on that job a month and drunk most of the time.

Just at this time my wife heard of a doctor in another city who had been very successful with drunks. She offered me the alternative of going to see him or her leaving me for good and all. Well...I had a job, and I really wanted desperately to stop drinking, but I couldn't, so I readily agreed to visit the doctor she recommended.

That was the turning point of my life. My wife accompanied me on my visit and the doctor really told me some things that in my state of jitters

nearly knocked me out of the chair. He talked about himself, but I was sure it was me. He mentioned lies, deceptions, etc. in the course of his story in the presence of the one person in the world I wouldn't want to know such things. How did he know all this? I had never seen him before, and at the time hoped to hell I would never see him again. However, he explained to me that he had been just such a rummy as I, only for a much longer period of time.  
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He advised me to enter the particular hospital to which staff he was connected and I readily agreed. In all honesty though, I was skeptical, but I wanted so definitely to quit drinking that I would have welcomed any sort of physical torture or pain to accomplish the result.

I made arrangements to enter the hospital three days later and promptly went out and got stiff for three days. It was with grim foreboding and advanced jitters that I checked in at the hospital. Of course, I had no hint or intimation as to what the treatment was to consist of. Was I to be surprised!

After being in the hospital for several days, a plan of living was outlined to me. A very simple plan that I find much joy and happiness in following. It is impossible to put on paper all the benefits I have derived...physical, mental, domestic, spiritual, and monetary.

This is no idle talk. It is the truth.

From a physical standpoint, I gained 16 pounds in the first two months I was off liquor. I eat three good meals a day now, and really enjoy them. I sleep like a baby, and never give a thought to such a thing as insomnia. I feel as I did when I was fifteen years younger.

Mentally...I know where I was last night, the night before, and the nights before that. Also, I have no fear of anything. I have self confidence and assurance that cannot be confused with the cocky or noise-making I once possessed. I can think clearly and am helped much in my thinking and judgment by my spiritual development which grows daily.

From a domestic standpoint, we really have a home  
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now. I am anxious to get home after dark. My wife is ever glad to see me come in. My youngster had adopted me. Our home is always full of friends and visitors (No home brew as an inducement).

Spiritually—I have found a Friend who never lets me down and is ever eager to help. I can actually take my problems to Him and He does give me comfort, peace, and radiant happiness.

From a monetary standpoint—in the last few years, I have reduced my reckless debts to almost nothing, and have had money to get along comfortably. I still have my job, and just prior to the writing of this narrative, I received an advancement.

For all of these blessings, I thank Him.

---The Action Log presents articles in the interest of promoting awareness and discussion..We take no responsibility for the accuracy of events herein.

--Action Log Editor 2010

## DISTRICT 29 GROUP REPORTS

### ABOVE GROUND GROUP

Hello again from the Above Ground group. we are doing great. Come on down Tuesday and Thursday from noon until 1:15pm for a meeting and lunch at Applini's two in beautiful downtown Puyallup.

The birthdays for September:

Jason C.	4 months
Tracee F.	6 months
Jimmy V.	7 months
Jeff l	9 years
Hallie B.	16 years
Michael E.	19 years
Dan M.	22 years.
Craig B.	28 years.

God bless  
Dave H.

### BACK TO BASICS

#### CHOICES

#### BRUNCH BUNCH

All are welcome to our open meeting Sundays at 10:30 a.m. at the Puyallup Elks, 324 7<sup>th</sup> Street N.E. in Puyallup. An all-you-can eat breakfast is served by the Elks' volunteers at a reasonable price. Our members have a significant amount of sobriety and are most willing to share their experience, strength and hope.

A special thanks to the home group members who have spent the past two business meetings reviewing and voting on the motions which were presented at the Western Washington Area Assembly, October 1-3 in Longview. Without the input of the membership, your GSR's have no indication of how you want them to vote.

The Assembly reflects your choices in the future of AA.

Our meeting on the second Sunday of each month uses the book, "Living Sober" to focus the discussion. Howard K. will be our leader for the month of October.

Brunch Bunch members have collected more than \$47 for the "Books for Inmates" program this month.

Birthdays:

Christine	3 months
Harold N.	37 years

Chris N.

### EATONVILLE

#### ELBE FRIDAY NIGHTERS

#### FIRGROVE

#### FRESH START

A Fresh Start group meets every Friday night at 6:30 pm at the Milam Recovery Center, downtown Puyallup. Please join us to share your experience, strength and hope.

Our business meetings are the last Friday of the month at 5:45 pm. All are invited to join us as a home group member. Service work helps keep us sober and being active in a home group give us a sense of purpose and a feeling of being a part of something.

The following members celebrated a birthday in the month of September:

Cameron	24 hours
Matthew	3 months
Courtney	3 months
Jeanette	4 months
Anna	4 months
Tim	5 months
Terry	5 months
Tracey	6 months
Julia	8 months
Brian	18 months
Terri	4 years
Karen	9 years

Congratulations to you.

Acceptance is the answer to all my problems today Yours in service,

Shannon R

#### GOLD GATE GROUP

One of the best parts of doing the group reports for the action log is recording the names of our fellowship who are celebrating birthdays for that month. Watching the members of our fellowship reach new milestones and seeing those who have tried some more controlled drinking come back to meetings is very rewarding. At Gold Gate Group we always greet the newcomers and try to make them feel welcome. So if your new to sobriety or have been around awhile and are up for some late night fellowship come on down.

We are located at Daffidil Bowling Alley in the upstairs banquet room. The address is 1624 E. Main St. Puyallup, WA . Our meeting times are Sunday 9:45P.M. – 10:45P.M. & Monday thru Thursday 10:00P.M. – 11:00P.M.

Birthdays for September are:

Alicia S	24 hours
Andy H	24 hours
Becca H	1 month
Tina M	2 months
Andy W	2 months
Chantel B	3 months
Pat VL	4 months
Orval M	4 months
Ricky O	4 months
Micheal H	5 months
Andrew W	5 months
Terry T	5 months
Danny A	5 years

Danny A.

### GRAHAM GROUP

#### HAIR OF THE DOG

Greetings from "The Hair of the Dog" group. Come visit any Wednesday night from 7:00 to 8:15pm and have coffee with us. We meet at the Poodle Dog Restaurant in Fife...watch your speed...Fife hates speeders, and watch the lights too...

Birthdays for September:

Ken	1 month
Jason	2 months
Larry	3 months
Buster	5 months
James	8 months
Michael	19 years

God bless you all  
Dave H

#### HANG IN THERE GROUP

Congratulations to our new WWA 72 Delegate Ellect: **Debbie A.** Debbie is a former HIT member. Way to GO!

Our Sunday speaker was April from SOS. Great story and excellent presentation. Thank you very much. It is amazing how the speakers we have been having can touch us with their sharing.

Birthdays for September:

Don	1 month
Katie	1 month
Darren	1 month
Judy B	2 months
Jan G	3 months
Genie	8 months
Lynn	8 months

## DISTRICT 29 GROUP REPORTS

Mo	8 months
Brandon K	10 months
Theresa T	1 year
Darrell	2 years
Michelle R	2 years
Nathan C	2 years
Dar	11 years
Harold	37 years

Congratulations to all.

Come join us Monday thru Saturday 11:45 am to 1 pm at the Hangar Inn Restaurant. Sundays 9 am to 10:15 am at Applini's Two.

Thanks for a great 24 hours.

Alt GSR  
Paul W.

### LIVING FREE

Welcome one and all from the Living Free Group of Alcoholics Anonymous. We hope you are having a great start to fall. As the days get colder and darker, there is nothing like warm friends and a hot cup of coffee in the fellowship of an AA meeting.

Our September speaker was Donna, who says "Alcohol does not make decisions for me anymore. We ask God and make decisions with Him!"

The September birthday's are as follows:

Jane	1 month
Jeanette	4 months
Blue Y	4 months
Tim	5 months
Chris	6 months
Diane	7 months
Katherine	7 months
Ken	18 months
Nathan	2 years
Troy Ann	3 years
Rocky	26 years

Happy Birthday to all of you!

Kevin C.

### LOFT GROUP

### MEEKER

Hello from the Meeker fellow ship, this month we at the hall enjoyed a chilli cookoff with many fine recipies brought to be judged by a few of us members. After much deliberation the winner was deemed to be entry # 5 made by Linda F. Congratulations Linda. The

speaker for the month was Rex from the Back to basics group with 20 yrs who shared his experience, strength and hope with us all.

Birthdays for the month of September:

Kelly G.	1 month
George B.	1 month
Polly P.	1 month
Maryann S.	2 months
Jason N.	2 months
Patti W.	2 months
Tina M.	2 months
Stacey E.	3 months
Heather F.	9 months
Catherine N.	9 months
Samantha H.	9 months
Billy H.	9 months
Marie W.	1 year
Randy W.	2 years
Wayne L.	4 years
Danny A.	5 years
Kathleen W.	9 years

Happy B-day to all, till next month  
Wayne L.

### NEW SOUND

We meet every Tuesday. Great substitute for the usual cocktail hour! We are happy to report we have three new home group members and an official GSR. The rent is paid, the lights are on, we have AA birthday coins and most importantly people attending.

Three years ago someone asked me to come support this group. Those people are long gone and many times I have argued with reality that not very many come so what's the use? The question was "how do I know this is the highest order to close this group? So I kept coming. My lesson is when I argue with "what is" it is like teaching a cat to bark. It's not very fulfilling. The way I know that reality is good is that when I argue these points I experience tension, fear and frustration, I lose—not sometimes but 100% of the time. I often want reality to change. This is hopeless so let me change my thinking I've been told. For months I mentally argued with "what is," then when I attended what was to be my last New Sound Group meeting to turn in my membership, I gave up and turned the meeting over to my HP! I realized my arguing with reality left no connection or room for God. The next week 8 showed up and the next 10 and now 15 showed up for birthday night! Chairs were all filled, Vi's left-over cake from Trusted Servants was great, Andy celebrated 6 months and Desiree 30 days. And the best part I didn't miss the miracle.

Life is meant to be lived. If you are trudging the happy road of destiny, you had bloody well find some way that is going to include having fun and be interesting. And you don't do that by sitting around wondering about yourself! Bring the body and the mind will follow. See you next Tuesday, 6 PM 719 East Main, Puyallup.

Love without conditions,  
Precious, the secretary

### OHOP NUTS & BOLTS

#### ORTING FIRESIDE

Greetings from Orting Fireside!

I have only a few more months as chip chick and reporter for my group, so I will make them greatly informative. A new job forces me to relinquish my duties as I will not be able to attend OFG very regularly, if at all.

Anyway...we had another wonderful turn out for birthday night! Our speaker was Dan M. from the Puyallup Service Group, who was celebrating 22 years himself in September. As you all know by now, I love birthdays and getting to know people better as they share their stories and experience, strength and hope.

Happy Birthday also to the following:

Kris M.	24 hours
Juan	2 months
Chris	3 months
Ron B.	3 months
Nick	3 months
Micah R.	5 months
Jessica A.	5 months
Deborah	10 months
Joe M.	10 months
Nathan C.	2 years
Robert	3 years
Scott B.	20 years
Dan M.	22 years
Dean S.	26 years

We celebrated almost 80 years amongst our birthday people! Yahoo!  
I appreciate the opportunity to be of service to my home group while it lasts.

Until next month,  
Erin B.

### P.A.I.R.

It's Fall again, which means it's time for Halloween. This year I was thinking I would turn on all the lights in the house and when people came to the door, keep yelling, "Just a

## DISTRICT 29 GROUP REPORTS

second!" over and over (though not actually opening the door) until they finally go away frustrated. Is that wrong? Tell me, really. I need a second opinion here.

Birthdays for the month of September:

Tim P.	1 year
Danette D.	6 years

Now if I missed anyone, I apologize. I wasn't at the meeting so I received this information secondhand. Happy Birthday, you two. We're here at 104th and Canyon (park in the back) at the United Methodist Church. Tuesday from 8-9 pm, and Friday from 7-8 pm. Our birthday meeting is on the last Tuesday of the month. We have a coin ceremony and a cake or two. And coffee. Lots of coffee. Our phone commitment is on the 3rd Saturday of the month from 6-10 at the Central Service Office in Tacoma. Everyone is welcome!

Yours in service,  
Margie H.

### PUYALLUP GROUP

### PUYALLUP SERVICE GROUP

### SANELY SOBER

### SEEKING OUR SOLUTION (SOS)

Hello from SOS group!

I am hoping to actually be able to make it to my home group more often this next month as it seems my schedule will be getting easier in the evenings. We hold our birthday celebration on the last Wednesday of the month which was September 29<sup>th</sup> this month.

Birthdays celebrated are as follows:

Ray S.	1 month
April S.	11 months
Ken B.	14 years
Scott B.	20 years

We again did not have a speaker for this month so we shared on the topic of Gratitude for having the power of choice today. I can say that it was very much needed and very appreciated to get back to being grateful for the things I take for granted too often. Look out November!!! We're just getting warmed up... We hold meetings at the Foursquare

Church on Thursdays at 7pm and Saturdays at 8am and at the American Legion on Wednesdays at 7pm. Our business meeting is the second Wednesday of the month at 6:30pm. Please join us in the fellowship of the spirit!

Yours In Service,  
Julia Smiley

### SHOP GROUP

### STRAIGHT SHOOTERS GROUP

Happy October from all of us at the Straight Shooters group! September was a very enjoyable month for us. Our potluck as always, was a great success. Please join us for one of our upcoming potluck's Oct. 11th or Nov 8th. We welcome all, as every meeting is open.

Here are the birthday's for the month of September:

Juan	24 hrs
Darrin	1 month
Sean	1 month
Jeanette	4 months
Kyle	7 months
Jeff	10 months

Regards,

John F.

### TRUSTED SERVANTS

Trusted Servants meets every Monday @ 7:30 except on the last Monday of the month which are Birthday Potluck nights and begin @ 6:30. Business Meeting nights are on the Third Monday @ 6:30. Washington Street at Presbyterian Church in Sumner.

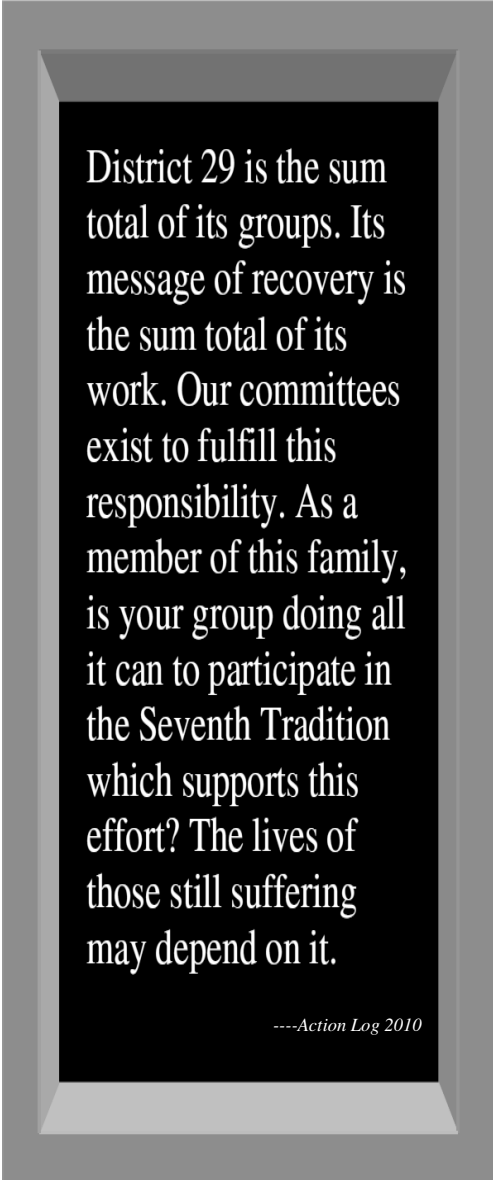
Birthdays for September were:

Katrina L	4 months
Peggy	6 months
Eric A.	6 months
Chris C.	6 months
Nancy R.	6 months
Julie C.	8 months
Tara S.	9 months
Gary F.	9 months
Joey	10 months
Lisa B.	10 months
George	18 months
Wayne L.	5 years
Kelly	5 years
Kim H.	10 years
Steve Thomas C.	11 years
Ken B.	14 years
Brent S.	20 years

Our speaker for Birthday night was Carlos. October will be the last month (for a while) for

Vi's famous cakes. Thank you Vi for all you do, especially contributing the cakes. Our group separates into two groups after the break. Some of us come into AA full of fear and frustration. Nothing feels natural when first sober but in the peaceful experiences of a great home group and learning not to oppose God, we learn our nature is really to be loving, clear, vibrant, a friend and a good listener. As Dr. Paul says in the Big Book, "Nothing, absolutely nothing happens in God's world by mistake." If you take a quick inventory of your Home Group and you aren't being challenged to be the best you can be, come check us out! We take Service, Sponsorship, Fellowship and Fun very seriously. Meanwhile, until we meet, we are saving a chair for you.

In Love and Service,  
Karen E., Secretary



# District 29 Financial Report

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	Yr to Date
<b>Checkbook</b>														
<b>Balance Forward: ***</b>	Reserve	\$ 5,709.56	\$ 5,426.71	\$ 3,532.73	\$ 3,685.82	\$ 4,026.98	\$ 4,419.11	\$ 4,464.92	\$ 4,191.94	\$ 4,057.93	\$ 4,330.95	\$ 4,330.95	\$ 4,330.95	
<b>CONTRIBUTIONS</b>	\$3,500.00													
Above Ground		\$ 100.00	\$ 50.00	\$ 50.00	\$ 50.00	\$ 50.00	\$ 40.00	\$ -	\$ 100.00	\$ 50.00	\$ -	\$ -	\$ -	\$ 490.00
Back To Basics		\$ -	\$ -	\$ -	\$ -	\$ 30.00	\$ -	\$ 90.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 120.00
Brunch Bunch		\$ 20.00	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 220.00
By the Book		\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00
Choices		\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Eatonville		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Elbe Friday Nighters		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 26.00	\$ -	\$ -	\$ -	\$ 26.00
Firgrove		\$ -	\$ -	\$ -	\$ 185.04	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 185.04
Fresh Start		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Fried Bread II		\$ -	\$ -	\$ -	\$ 83.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 83.00
Graham		\$ -	\$ 76.92	\$ -	\$ 38.75	\$ 21.35	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 137.02
Hair of the Dog (fife)		\$ -	\$ -	\$ -	\$ -	\$ 40.00	\$ 40.00	\$ -	\$ 20.00	\$ 25.00	\$ -	\$ -	\$ -	\$ 125.00
Hang in There		\$ 152.52	\$ 100.04	\$ 156.91	\$ 203.97	\$ 125.98	\$ 164.93	\$ 128.25	\$ 279.65	\$ 407.17	\$ -	\$ -	\$ -	\$ 1,719.42
Living Free		\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00
Loft Group		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Meeker Fellowship		\$ -	\$ 100.00	\$ 100.00	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 300.00
New Sound Group		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
OHOP		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Orting Fireside		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Out to Lunch Bunch		\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ 200.00
Puyallup A.I.R.		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Puyallup Group		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Puyallup Service Group		\$ -	\$ 400.00	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 600.00
Shop Group at Large		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Seeking Our Solution		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Simple Solutions		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Straight Shooters		\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00
Trusted Servants		\$ -	\$ -	\$ -	\$ 94.29	\$ -	\$ -	\$ 67.49	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 161.78
Anonymous/adjustments		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
District Meeting (cash)		\$ 59.00	\$ 43.00	\$ 46.00	\$ 50.00	\$ 28.00	\$ 20.00	\$ 31.25	\$ 30.00	\$ 23.00	\$ -	\$ -	\$ -	\$ 330.25
														\$ -
<b>Total Contributions</b>		\$ 431.52	\$ 969.96	\$ 477.91	\$ 805.05	\$ 795.33	\$ 389.93	\$ 316.99	\$ 429.65	\$ 631.17	\$ -	\$ -	\$ -	\$ 5,247.51
Seed money return		\$ -	\$ -	\$ -	\$ 28.12	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 28.12
<b>Total Income</b>		\$ 431.52	\$ 969.96	\$ 477.91	\$ 833.17	\$ 795.33	\$ 389.93	\$ 316.99	\$ 429.65	\$ 631.17	\$ -	\$ -	\$ -	\$ 5,275.63
<b>Checkbook Sub Total</b>		\$ 6,141.08	\$ 6,396.67	\$ 4,010.64	\$ 4,518.99	\$ 4,822.31	\$ 4,809.04	\$ 4,781.91	\$ 4,621.59	\$ 4,689.10	\$ 4,330.95	\$ 4,330.95	\$ 4,330.95	
Send donations to: District 29, P.O. Box 1439, Puyallup, WA 98371														
<b>EXPENSES</b>														
DCM Expenses		\$ 151.06	\$ -	\$ -	\$ 31.00	\$ -	\$ -	\$ 309.61	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 491.67
Alt. DCM Expenses		\$ 226.06	\$ -	\$ -	\$ 270.80	\$ -	\$ -	\$ -	\$ 212.31	\$ -	\$ -	\$ -	\$ -	\$ 709.17
Treasurer Expense		\$ -	\$ 0	\$ -	\$ -	\$ 16.83	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 16.83
WWA 1/4ly Exp.		\$ -	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Post Office		\$ -	\$ 0	\$ -	\$ 60.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 60.00
Orca (Rent)/CSO		\$ 100.00	\$ 100.00	\$ -	\$ 200.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 23.00	\$ -	\$ -	\$ -	\$ 823.00
Bldg. & Maint.		\$ -	\$ 10.38	\$ -	\$ 6.99	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 17.37
Newsletter Expense		\$ 104.93	\$ 114.22	\$ 114.22	\$ 114.22	\$ 144.82	\$ 144.82	\$ 144.82	\$ 144.82	\$ 114.52	\$ -	\$ -	\$ -	\$ 1,141.39
Copy Expense		\$ 16.53	\$ 16.93	\$ 63.24	\$ 16.00	\$ 11.80	\$ 15.64	\$ -	\$ 16.53	\$ 53.35	\$ -	\$ -	\$ -	\$ 210.02
Central Services Office		\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ 65.00	\$ -	\$ -	\$ -	\$ 585.00
Quarterly Seed Money		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Literature Fund		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Accessibility		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Archives		\$ -	\$ -	\$ -	\$ -	\$ 42.00	\$ 18.66	\$ -	\$ 25.00	\$ -	\$ -	\$ -	\$ -	\$ 85.66
Corrections		\$ 26.08	\$ -	\$ -	\$ -	\$ 22.75	\$ -	\$ -	\$ -	\$ 35.85	\$ -	\$ -	\$ -	\$ 84.68
CPC		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Public Information		\$ -	\$ -	\$ 82.36	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 82.36
Hospital & Treatment		\$ 24.71	\$ 172.85	\$ -	\$ 8.00	\$ -	\$ -	\$ 188.00	\$ -	\$ 66.85	\$ -	\$ -	\$ -	\$ 460.41
Other Facility Rent		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Registrar		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
7th Tradition - WWA (30%)		\$ -	\$ 692.87	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 692.87
7th Tradition - GSO (10%)		\$ -	\$ 230.96	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 230.96
7th Tradition - CSO (60%)		\$ -	\$ 1,385.73	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,385.73
Ort Soldiers Hm Donation	Res. \$700.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
<b>Total Expenses</b>		\$ 714.37	\$ 2,863.94	\$ 324.82	\$ 772.01	\$ 403.20	\$ 344.12	\$ 882.43	\$ 563.66	\$ 358.57	\$ -	\$ -	\$ -	\$ 7,227.12
<b>Prudent Reserve \$1,500.00</b>														
<b>Operating Balance</b>		\$ 5,426.71	\$ 3,532.73	\$ 3,685.82	\$ 3,746.98	\$ 4,419.11	\$ 4,464.92	\$ 3,899.48	\$ 4,057.93	\$ 4,330.53	\$ 4,330.95	\$ 4,330.95	\$ 4,330.95	
<b>Committee Credits</b>	<b>Budget</b>													
Accessibility	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00
Archives	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 158.00	\$ 139.34	\$ 139.34	\$ 114.34	\$ 114.34	\$ 114.34	\$ 114.34	\$ 114.34	\$ 114.34
Corrections	\$ 250.00	\$ 223.92	\$ 223.92	\$ 223.92	\$ 223.92	\$ 201.17	\$ 201.17	\$ 201.17	\$ 201.17	\$ 165.32	\$ 165.32	\$ 165.32	\$ 165.32	\$ 165.32
CPC	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Public Information	\$ 250.00	\$ 250.00	\$ 250.00	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64	\$ 167.64
Hosp. & Treat.	\$ 500.00	\$ 475.29	\$ 302.44	\$ 302.44	\$ 294.44	\$ 294.44	\$ 294.44	\$ 106.44	\$ 106.44	\$ 39.59	\$ 39.59	\$ 39.59	\$ 39.59	\$ 39.59
<b>Committee Reserve</b>	\$ 1,300.00	\$ 1,249.21	\$ 1,076.36	\$ 994.00	\$ 986.00	\$ 921.25	\$ 902.59	\$ 714.59	\$ 689.59	\$ 586.89	\$ 586.89	\$ 586.89	\$ 586.89	\$ 586.89
<b>Picnic/Banquet Seed</b>	<b>\$ 1,300.00</b>													
Expense		\$ -	\$ -	\$ -	\$ 280.00	\$ -	\$ -	\$ 1,254.69	\$ -	\$ 67.58	\$ -	\$ -	\$ -	\$ -
Income		\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,547.15	\$ -	\$ 68.00	\$ -	\$ -	\$ -	\$ -
<b>Balance</b>		\$ -	\$ -	\$ -	\$ (280.00)	\$ -	\$ -	\$ 292.46	\$ -	\$ 0.42	\$ -	\$ -	\$ -	\$ -
<b>Checkbook Balance</b>		\$ 5,426.71	\$ 3,532.73	\$ 3,685.82	\$ 4,026.98	\$ 4,419.11	\$ 4,464.92	\$ 4,191.94	\$ 4,057.93	\$ 4,330.95	\$ 4,330.95	\$ 4,330.95	\$ 4,330.95	\$ -



## A Word From Margie

### Spring forward, Fall.....down?

I'd like to think there's someone out there who dreads the Fall I much as I do. That first whiff of wood smoke sends me into a panic as I wring my hands and stare out the window, counting every single leaf that falls off my trees. I'm often heard muttering to myself, "You know, it's getting darker out every day. And colder too." To me, Fall is the signal that Winter will be here shortly and all bets are off as far as my mental health goes. I just assume I'm going to get depressed and so I do. In the last 2 1/2 years, I've changed my thinking quite a bit. I know that if I have a bad attitude things don't usually turn out too well.

Today was a beautiful day; 62 degrees and not a cloud in the sky. I tried to stay in the moment as best I could but I kept thinking about how cold and dark it will be two months from now. Sometimes I take it for granted that now that I'm sober, I won't think so negatively. Sometimes I think if I just move to Arizona I'll be happy all the time. But as the old saying goes, "Wherever you go, there you are." There's always going to be something I have no control over and the weather is just one more thing. I'm learning that my day doesn't have to go sideways just because it's raining and cold out. When I think about it, some of my worst days have been when it's warm and sunny. The more I rely on God and not the weatherman the better things turn out. Come to think of it, the weatherman is usually wrong anyway.....

Margie H.

## Clean & Sober NEW YEARS EVE BASH!

Bringing in the new year  
**One Dance At A Time**

**Puyallup Elks**  
314 27<sup>th</sup> St. N  
Puyallup, WA 98372

**\$12.00 single - \$20.00 couples**  
**8:00PM to 1:00AM Under 12 Free**

### Contact:

**Larry C. (206) 334-8570**  
**Steve C. (253) 863-1555**

**Sandwiches and Desserts  
Provided**

**Door Prizes**

## 17th Annual Sponsorship Conference "The How and Why of It" October 16 – 18, 2009



Our purpose is to dispel rumors and fears connected with sponsorship, and to discuss the rewards and benefits of being sponsored as well as being a sponsor. All topics, panels, and speakers will be focused on this purpose.

**La Quinta Inn & Suites**  
1425 E. 27th Street (I-5 at Portland Avenue)  
Tacoma, Washington 98421

### AA Speakers:

Karen H., Long Beach, CA Eileen L., Bellingham, WA  
Johnny H., Long Beach, CA Don L., Bellingham, WA

### AI-Anon Speaker:

Phil F., Boise, ID

AA Workshops, AI-Anon Workshops, Alkathon, Friday Buffet, Saturday Fellowship Luncheon, Saturday Dinner Banquet, Sunday Morning Spiritual Breakfast

Friday - Registration opens at 1:00 p.m. - First meeting at 2:00 p.m.  
Saturday - Registration opens at 8:00 a.m. - Speaker at 9:00 a.m.  
Registration is required for all events except Alkathon  
Please register early - space is limited

Discount room rates available before October 1<sup>st</sup> at [www.laquinta.com](http://www.laquinta.com) or call  
**253-383-0146 or 1-866-725-1661**

*Please mention that you are with the Sponsorship Conference!*

### For information or to volunteer, please contact:

Jim C. 253-431-6369 (General info) Don P. 253-752-0599 (General info)  
Linda H. 253-752-9454 (Registration info)

[www.sponsorshipconference.net](http://www.sponsorshipconference.net) for schedule information

# DISTRICT 29 GRATITUDE BANQUET

50s & 60s Theme

DINNER

MUSIC

DANCING

SWEEPSTAKES



50s & 60s Theme

DINNER

MUSIC

DANCING

SWEEPSTAKES

*Come Rock-n-Roll*

Nov. 6<sup>th</sup> 5:30pm – 11:30pm

AT THE

## Historic Marymount Academy

601 152<sup>nd</sup> St East

Tacoma, WA 98445

*Contact Person: Mike A – (253) 228-7432*

This event is being held in the newly renovated

### Marymount Gymnasium

home of the

*LeMay Car Collection & Reception Center*

Period cars will be on display to enhance the experience

**Rockin' 50's & 60's Theme**

**Tickets Just \$17.00 each**

**Includes**

**Dinner, Music, Dancing, Sweepstakes &  
Tour of The Car Collection!**

*Wear your favorite "Sock Hop Attire"!*

*Wear your favorite "Sock Hop Attire"!*

## CALENDAR OF EVENTS

Note: Please submit calendar information to the editor: Tel: (253) 459-9443 E-mail [stampmymud@yahoo.com](mailto:stampmymud@yahoo.com)

### *Happenings for October and beyond.*

#### District 29 Events

DATE & DAY	EVENT	TIME	WHERE	CONTACT
October 14, Thursday	District 29 Monthly PI/CPC Meeting	Starts: 6:30PM Second Thursday of every month.	Meeting location unavailable at this time. Call CSO: (253) 474-8897	PI Chair: Dave M. <a href="mailto:dask123@yahoo.com">dask123@yahoo.com</a> CPC Chair: Chris N. <a href="mailto:chriscarr53@hotmail.com">chriscarr53@hotmail.com</a>
October 19, Tuesday	District 29 Monthly Archives Meeting	Starts: 6:30PM Third Tuesday of every month.	Meeting location unavailable at this time. Call CSO: (253) 474-8897	Pam D.
October 20, Wednesday	District 29 Monthly Correction Meeting	Starts: 6:00PM Third Wednesday of every month.	Joe Logger's shop 10920 Valley Ave EPuyallup, WA 98371	Joe Logger: <a href="mailto:joellogger@hotmail.com">joellogger@hotmail.com</a>
November, 6 Saturday	District 29 Gratitude Banquet See flier in this issue.	Doors open at 5:00PM	Marymont Spanaway, WA	<a href="mailto:alt.dcm29@area72aa.org">alt.dcm29@area72aa.org</a>
November 9, Tuesday	District 29 Monthly Business Meeting	Starts: 6:30PM Second Tuesday of every month.	Tacoma Central Service Office 3640 South Cedar, Suite S Tacoma, WA 98409	Teresa M. <a href="mailto:dcm29@area72aa.org">dcm29@area72aa.org</a> CSO: (253) 474-8897
October 15, 16, 17	Sponsorship Conference	Friday Registration	Laquinta Inn Tacoma, WA	See flier this issue
October 16, Saturday	WWA 72 Accessibility Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM Lunch: 12:00 PM	United Churches of Olympia 110 11th Ave SE Olympia, WA 98501-2259	<a href="mailto:accessibility@area72aa.org">accessibility@area72aa.org</a>
November 6, Saturday	WWA 72 Archives Committee Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM Potluck Lunch	Black Diamond Community Center 31605 Third Ave Black Diamond, WA 98010-9737	<a href="mailto:archivist@area72aa.org">archivist@area72aa.org</a>
November 13, Saturday	WWA 72 PI/CPC Quarterly Business Meetings	Fellowship: 9:00 AM Business Meeting: 10:00 AM Potluck Lunch (Bring your own favorite side dish; 7th Tradition will be observed.)	Our Saviors Lutheran Church 215 Mukilteo Blvd Everett, WA 98203-2057	<a href="mailto:pi@area72aa.org">pi@area72aa.org</a> <a href="mailto:cpc@area72aa.org">cpc@area72aa.org</a>
December 11, 2010, Saturday	WWA 72 Grapevine and Literature Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM Potluck Lunch: 12:00 PM (Please bring side dishes.)	Faith Community Church 709 NW Greely Street Camas, WA 98607-1955	<a href="mailto:gvlit@area72aa.org">gvlit@area72aa.org</a> <a href="mailto:dcm7@area72aa.org">dcm7@area72aa.org</a>
December 18, 2010 Saturday	WWA 72 Corrections Quarterly Business Meeting	Fellowship: 9:00 AM Business Meeting: 10:00 AM Potluck Lunch (7th Tradition will be observed.)	St. Aloysius Catholic Church 211 Mason Ave Buckley, WA 98321-9536	<a href="mailto:corrections@area72aa.org">corrections@area72aa.org</a>
December 31, 2009	New Years Eve Bash! (See flier this issue)	8:00PM to 1:00AM	Puyallup Elks 314 27 <sup>th</sup> St. N Puyallup, WA 98372	Larry C. (206) 334-8570 Steve C. (253) 863-1555
January 7, 8, 2011 Friday	WWA 72 Quarterly Business Meeting	Friday: 7:00PM to 9:00PM Saturday: 8:30AM to 5:00PM	Lake Burien Presbyterian Church 15003 14th Ave SW Burien, WA 98166	<a href="mailto:chair@area72aa.org">chair@area72aa.org</a>
April 1, 2, 2011 Friday	WWA 72 Quarterly Business Meeting	Friday: 7:00PM to 9:00PM Saturday: 8:30AM to 5:00PM	Cotton Tree Inn & Convention Center 2300 Market St Mt. Vernon, WA 98273-5449	<a href="mailto:chair@area72aa.org">chair@area72aa.org</a>